

Ak-Chin Iron Crew sets powerlifting records

Ak-Chin has always been known for their great athletes, throughout other tribal communities and school, in just about every sport. Now, Ak-Chin can add Powerlifting to the ranks!

Recently, four native power lifters, who all have ties to the Community have just set the bar, a really heavy bar at that, extremely high. Led by their powerlifting coach, Garett Langmead, Ak-Chin's Nicholas Anderson, Ethan Vavages, Darrian "Billy" Justin and Nikolai White have just set records at their first powerlifting event on June 12, at the Sheraton Phoenix Crescent Hotel.

The Crew all placed in their age and weight categories, earning medal after medal in the bench and deadlift. Nicholas set records in the teen 16-17, 259 wt. category, with a 176.2 bench, 385.8 deadlift, and a 562 push/pull total. Ethan set

state records in the Jr. Men, 259 wt., for his 231.7 bench, 435.2 deadlift and 666.9 push/pull total. Darrian set records in the Jr. Men, super heavy wt. with a 330.5 bench, 551.2 deadlift and 881.9 push/pull total. Nikolai set records in the Class I Men, 308 wt., with a 429.9 bench, 622.7 deadlift and 1052.6 push/pull total.

Garett first met the Ak-Chin Crew about a year and a half ago, working out at Coppersky and recognized right away that they were powerlifters. "When I saw that little group at Coppersky you just don't see that little community at gyms," said Garett.

He asked if they were powerlifters and let them know that he was also a powerlifter and offered to coach them. "I had competed as a powerlifter for almost 15 years and have over 30 records myself in powerlifting and trained other people in powerlifting for



Ak-Chin Iron Crew (l-r): Nikolai White, Darrian Justin, Garett Langmead, Ethan Vavages and Nicholas Anderson, posing with all the medals they recently won at powerlifting event in Phoenix.
Story and photo by by R. Peters

several years... I was willing to help them out... (it's) something I love to do."

Nik and Billy had been lifting for a few years and entered a couple of competitions. They were working out at Coppersky and Ak-Chin, and eventually built their own home gyms, Nick's BigIron gym and Billy's Powerhouse.

Ethan eventually started going to work out at Billy's and Ak-Chin, after Billy had invited him over to lift one evening, "from that point on I was hooked."

Nicholas started lifting weights to help with his wrestling, "I started wrestling

in high school, my freshmen year and I was just getting absolutely destroyed." He also started working out with Billy and his cousin at Ak-Chin.

"We worked out that whole summer, and I definitely saw a difference in my sophomore season, I made it to varsity my sophomore year, and then I got injured... so I was kind of done wrestling, I still had weight lifting so I just stuck with it."

Nicholas started getting interested in powerlifting. He soon talked to Nikolai about it and Nikolai was feeling the same way. They eventually told everybody that they wanted to try powerlifting and

that's how they got started.

Nikolai contacted Garett, "All it took was a little bit of asking and being coachable players... we were desperate to learn about lifting techniques and he changed up a lot of stuff that helped us... so a year later we all got on it."

They started training in January, preparing for their first meet. "We were hoping something would pop up, but with the Covid we didn't know," Garett shared. "Every few weeks one of us was online to see if anything popped up." They found out about the powerlifting meet

Ak-Chin Iron continues to page 3

Early Childhood Education celebrates June Graduates

Story and photo by J. Peters



Preschool graduate Connor Martinez shows his diploma off proudly with mom Kathleen Miguel.

Wednesday June 30th, Early Childhood Education staff created an unforgettable day for their 2021 preschool grads.

Decorating the school buses with names of students and adorable art work, the staff, with a little help from Ak-Chin Fire and Police departments, put together a fantastic parade, that made stops at every graduates' house.

The graduation convoy made its first stop in the back of the school building, where three graduates and their families looked on excitedly as a line of cutely decorated school buses, bright flashing

police cars and one big fire truck came along to celebrate their big day! Making stops in subdivisions throughout the community, graduating families stood outside their homes awaiting their child's big moment of promotion.

Once the parade vehicles had parked, teachers would head out of the buses to congratulate and present their graduating students with their preschool diploma and one last goodbye before the students make their way into the big kids' class.

Be on the lookout for the next Runner issue, as we will be including more photos from the Graduation Parade!

Students enjoy 12th Annual Back to School Luau

Photos by R. Peters



June 17th, Ak-Chin Police Department hosted their 12th Annual End of School Luau at Ak-Chin Parks and Recreation pool. Ak-Chin Chief of Police, Manuel Garcia announced via email that this year's event would have slight modifications to incorporate the current safety regulations. Unlike previous years the 2021 Luau was split into 2 scheduled pool visits from 10 am to 2 pm for Preschool and Elementary students and then from 2:30 pm to 6:30 pm it was open to all Jr. High through High school students. Lunch of hamburgers and hot dogs was served to the hungry guests, along with a station where you could order your very own pickle slushie.

Luau continues to page 2

Letter to the Editor:

Dear Ak Chin Community,

This month marks the thirty-year anniversary of the opening of the Ak Chin Him Dak EcoMuseum. (When the Him Dak opened the population of Ak Chin was 550 people.)

The Him Dak was the first EcoMuseum to be established in the United States and has become a model for community museums in the

US and abroad.

Foremost among the Him Dak's many accomplishments is the vital role it has played in helping the Community address common issues that emerged as Ak-Chin transitioned from a cotton farm to a multifaceted international organization.

During its 30-year history, the Him Dak has

- gathered and cared for the Ak Chin Community's historical and archaeological treasures,
- provided access to essential life skills,
- celebrated the historical, cultural and natural uniqueness of Ak Chin,
- offered space and time for reflection,

- built bridges to formal educational institutions,
- expanded k-12 education into the after-school hours, and
- formed partnerships to meet community and regional needs.

Congratulations to the staff for their years of hard work, and the Councils and the Community for their ongoing support.

I am honored to have been associated with the Him Dak and wish for its continued success in the years to come.

Nancy Fuller
Washington, DC



REMINDER

Due to the 4th of July Holiday, there will be no trash picked up on Monday, July 5th, 2021.

Trash pick up will be on Tuesday, July 6th.

Thank you,
The Sanitation department



REMINDER!

4th Of July Picnic Food Box Distribution Drive Thru July 1 & 2, 2021

Distribution will be at Ak-Chin Elements Event Center from 12:00 PM (Noon) to 7:00 PM each day and is for Ak-Chin Enrolled Member/Resident households; including Enrolled Member households who live off the reservation.

Food Boxes are for each household, **not for each member.**

Below, employees help prepare picnic boxes that will be handed out for the July distribution. If you have not picked up your food box, you have until 7 pm, Friday July 2.



Miguel Family host San Juan Feast Drive-Thru

Photo by J. Peters

Thursday June 24th, the Miguel Family came together in celebration of their annual San Juan Feast, bringing food to the community with another drive-thru lunch.

They prepared all the traditional meal favorites, chili stew, beans, potato salad, and chumuth, also handing out candy bags and donuts for a sweet treat.

The drive thru began handing out plates at 10 am, and was met with a long line of vehicles waiting to pick up their tasty lunch. The family worked efficiently to keep their drive-thru operation a success, either serving on the line or bringing plates to the vehicles.

Everyone that was lucky enough to get a plate was truly blessed as it was announced shortly after 12 p.m. the food had run out.



Thank you to the Miguel Family for providing a wonderful meal in honor of the San Juan Feast!

Luau continued from Front

The fun continued with water races, like the one bottom right with Ak-Chin PD vs Rec.

Families enjoyed lunch under the ramadas, PD hooked it up with cool pickle slushies.

The water slide made a big splash!!

And a COVID Vaccine Clinic was also held on June 17, in the gym.



2021 Back To School Supply Distribution/ROI Events

July 8th - 9:00am-5:00pm - Education Lobby
July 13th - 4:00pm-7:00pm - Education Lobby

*SOCIAL DISTANCING MEASURES WILL BE IN PLACE, MASKS/PPE WILL BE AVAILABLE



The Education Department & Community Events will be hosting this event to distribute school supplies and collect Student Release of Information (ROI) Forms. Forms can be requested for advanced completion by sending an email to TThornton@ak-chin.nsn.us.
**Open to Community Members & Residents*

All students who have a completed ROI by July 13th will be entered into some raffles for a few select Gift Cards.

Treats will also be given out, while supplies last!

If you cannot attend the events, please contact the Education office for alternate arrangements at (520) 568-1280.

Elder July Breakfast-Lunch Menu

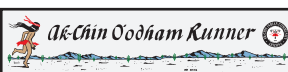
BREAKFAST

2. Cream of Wheat, Boiled Egg, Cinnamon Raisin Bread, Yogurt, Milk
6. Scrambled Eggs, Biscuits & Sausage Gravy, Fruit, Juice
7. Scrambled Eggs & Ham, Hash Brown, English Muffin, Fruit, Juice
8. Waffles, Eggs & Bacon, Yogurt Parfait, Chocolate Milk
9. Boiled Eggs, Bagel & Cream Cheese, Sausage Patty, Cereal, Fruit & Milk
12. Chorizo Egg Burrito, Fruit, Pastry, Juice
13. Oatmeal, Boiled Eggs, Toast, Berries, Milk
14. Breakfast Casserole, Toast, Yogurt, Granola Bar, Juice
15. Pancakes, Scrambled Eggs, Bacon, Chocolate Milk
16. Sausage & Egg Quesadilla, Diced Potato, Granola bar, Fruit & Juice

LUNCH

2. Hot Dog-Hamburger, Sliders, Potato Salad, Cole Slaw, Apple Dumpling
6. Pinto Beans, Pork Roast (D), Green Beans- Beets, Corn Bread, Peaches
7. Soft Ground Beef Taco, Black Beans, Zucchini, Pineapples
8. Waffles, Eggs & Bacon, Yogurt Parfait, Chocolate Milk
9. Baked Chicken, Broccoli, Corn on Cob, Fresh Pears
12. Bean Tostadas, Chicken Tostadas (D), Wax Beans, Normandy Vegetables, Empanadas
13. Spinach Chicken, Enchiladas, Spanish Rice, Yellow Squash, Jell-O
14. Egg Salad Sandwich, Cucumber Tomato Salad, 3 Bean Salad, Fruit Cocktail
15. Red Chili Stew, Beets, Peas, Chumath, Ambrosia Salad
16. Bar-B-Que Pork Sandwich, Green Beans, Carrots, Watermelon

****Some items may change without notice****



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ANNOUNCEMENTS
Announcements and wishes
may be phoned in, faxed
or e-mailed.

**ARTWORK, LETTERS,
STORIES**
The Ak-Chin O'dham
Runner is a Community
Newspaper and encourages
Community involvement.

If you have artwork, photos,
poems or a great story that
you would like to share,
please contact us so we
can include it in "YOUR"
newspaper. Also, if you have
suggestions or comments
about "YOUR" newspaper,
let the Runner Staff know
that too.

All submitted letters MUST
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Authors must also include
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Anonymous submissions will
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DEADLINE
Don't forget the
DEADLINE for the
July 16 - August 5, 2021
issue is due by
FRIDAY, JULY 9TH

Please submit all
announcements, wishes, etc.
no later than
FRIDAY, JULY 9TH

Material submitted after the
JULY 9TH DEADLINE
cannot be guaranteed
placement. If appropriate
and relevant, it will be
included in the next issue.



The importance of developmental and sensory screenings for young children



As Arizona's early childhood agency, First Things First reminds families that developmental and sensory screenings for their young children help identify delays and help connect parents with support services.

AK-CHIN (June 25, 2021) – As Arizona's early childhood agency, First Things First (FTF) recognizes that while every child develops at their own pace, developmental and sensory screenings are a way parents can learn about their child's development.

Screenings can also catch concerns that can point to a delay or possible disability.

"Screenings are important because they identify delays and allow parents to connect with support services," said FTF Senior Director for Children's Health Vincent Torres. "They promote positive childhood health and development and readiness for school."

The American Academy of Pediatrics recommends that pediatricians talk with families about their child's development at every well-child visit between birth and 3 years old, and conduct developmental screenings at 9, 18 and 30 months of age.

Since the COVID-19 pandemic, many families put off well-child visits for their young child, Torres said, causing these regular screenings to have been missed.

But another problem arises if a health provider is understaffed and doesn't

have time to conduct the basic screenings that parents assume are happening, said Esther Turner, a senior program coordinator for the University of Arizona Cooperative Extension, Pinal County, which provides developmental and sensory screenings.

Data show that for many children, even before the pandemic, those screenings were not happening. For example, the 2018-19 National Survey of Children's Health found that only 28% of Arizona parents surveyed said that they were asked by a health care provider to complete a developmental screening tool about their young child in the past year.

Programs like the Cooperative Extension try to fill the gap by offering screenings conducted by staff working with a variety of parenting education or family support services in the community. They also do screenings in some preschool classrooms.

"Kids don't know any better and they can't tell you what they don't know," said Turner, whose FTF-funded program provides developmental and sensory screenings for young children in Pinal and Gila counties. "They only know what they've seen or heard

Ak-Chin Iron continued from Front

in Phoenix about six weeks before, "we had a very short period of time to seriously train for this meet."

During their training, they alternated between working out in Nik's or Billy's "sweat box" for the heavy days, bench and deadlift and went to Coppersky for their accessory work.

"We work out for about 2 to 2 ½ hours a day" said Nik, adding, "We're pretty much with each other every day, except for Sunday."

The day of the event, the crew was ready, some were a bit nervous in the beginning, but once they

started their lifts they kept each other going. They were all given the opportunity to do three lifts, a bench and deadlift. After each lift, they would add a little more weight, and if they made all three lifts they were given a fourth lift. All of them got their second or third lift and most of them got all their lifts.

The crew is looking forward to their next meet, Worlds, in Reno, Nevada with World Association of Benchers and Deadlifters (WABDL) in November. "That's the plan for this year, to go to Reno in November and set some



AK-CHIN INDIAN COMMUNITY Capital Projects

AK-CHIN INDIAN COMMUNITY REQUEST FOR PROPOSAL ON CONSTRUCTION OF THE SOUTHERN DUNES GOLF COURSE (SDGC) PARKING LOT

The Ak-Chin Indian Community (hereafter called the "Owner") invites all General Contractors to submit proposals on a Construction Contract. The Project for Construction consists of the following:

- Remove and Replace Asphalt Parking Lot approximately 130,000 SF**
- Provide Traffic Control and Barricades During Our Scope of Work.
- Remove and Replace Approx. 110 Linear Feet of Cast in Place Vertical Curb At 3 Locations.
- Remove and Replace Approx. 10 Linear Feet of Cast in Place Vertical Curb and Gutter
- Pave Approx. 130,000 SF With 3 Inches Of 1/2 Inch MAG Asphalt.
- Layout and Stripe to Existing Pattern Using Two Coats of Paint:
- 5 Standard ADA Stalls
- 5 Standard Arrows

Bonds are required for construction contracts/agreements in excess of \$150,000.00. Construction of development projects, the successful bidder shall be required to submit with their bid either:

- A bid bond in the amount of 5% of the total contract price or a cash escrow deposited with the Ak-Chin Indian Community of not less than 5 % of the total contract price, subject to reduction, with approval of the Federal Government; or
- An In-evocable Letter of Credit for 5% of the total contract price, unconditionally payable upon demand of the Ak-Chin Indian Community, subject to reduction, with the approval of The Federal Government.

Upon selection for award, Performance and Payment bonds each for 100% of the total contract price shall be submitted.

A MANDATORY Onsite Pre-Bid Meeting is scheduled for **9:00 a.m. (MST) on July 7, 2021** at the Southern Dunes Golf Course Parking lot located at 48456 West, AZ-238, Maricopa, AZ 85139. This meeting is considered mandatory, and in this meeting

the project scope will be discussed. If you do not attend this pre-bid meeting your proposal will NOT be accepted. To comply with COVID guidelines, we are keeping group gatherings to a minimum number of attendees. This meeting will be held outside and **masks are required to be worn AT ALL TIMES.**

Deadline for any questions regarding this project will be **2:00 p.m. (MST) on July 13, 2021.** Proposal questions should be directed to Flora Howerton at FHowerton@ak-chin.nsn.us. Also, Cc: Project Manager, Casey Turgeon at cturgeon@ak-chin.nsn.us.

The Owner will receive **Competitive Bid Proposals until 1:00 p.m. (MST) on July 14, 2021** at the Tribal Purchasing Department located at 42507 West Peters & Nall Road Maricopa, Arizona 85138. Proposals received after the specified date and time will be rejected and returned unopened.

This invitation is unrestricted; however, preference will be given to Indian Organizations and Indian Owned Enterprises in accordance to the Community Procurement Procedure. Request for Proposals ("RFP") instruction/information package and related information may be obtained from the Ak-Chin Indian Community Purchasing Office, 42507 West Peters & Nall Road, Maricopa, Arizona 85138, and may be requested by electronic mail at FHowerton@ak-chin.nsn.us.

The Owner reserves the right to reject, any and all bids. However, the Ak-Chin Indian Community at its discretion may postpone said action for such time as the Tribal Council may designate, as the interest of the Community may require.

No bid shall be withdrawn for a period of sixty (60) days subsequent to the opening of Bids without consent of the Owner.

their entire life."

In addition, there's a fear or stigma for parents when talking about developmental screenings.

"We're not looking for problems," Turner said. "Instead, we explain to parents that we're looking to show you 'this is normal development. Your kiddo is right now, on target.'"

And if the screening shows an area or concern, then the parent is referred to the child's pediatrician for additional screenings or intervention.

"We want parents to be comfortable and let them know that they are the expert on their child," Turner said. "The parent sees the child throughout the day. They are the expert and by letting them be a part of the process, they feel active in their child's development and growth."

If you are a parent or caregiver of a child 5 years old and younger, you can make a difference by monitoring your child's physical, mental, social and emotional development and discussing your

observations with your health care provider.

Please remember that all children develop at different rates. What is typical for other children may not be the same for yours. There are a couple of resources to help parents and caregivers identify concerns regarding their child's development and make the most of those early doctor visits.

The first is the Ages and Stages Questionnaire, which parents can complete online. It includes a series of questions regarding your child's development and behavior. The results of the questionnaire are emailed to parents within a couple of weeks and are intended to be used to follow up with a health provider regarding any identified issues. Free access to the questionnaire is available through Easterseals, Make the First Five Count website, <http://www.easterseals.com/mtffc/> under Take the Screening.

FTF provides a digital Ages and Stages guide to help families know if their child is meeting typical developmental milestones — the things most children can do by a certain age. How their child plays, learns, speaks,

acts and moves offers important clues. Available in both [English](#) and [Spanish](#), it is adapted from the Centers for Disease Control and Prevention Ages and Stages guides.

Another resource is the free, statewide Birth to 5 Helpline (1-877-705-5437). There, nurses and developmental experts will give you tips on which milestones your child should have achieved for their age and help you decide if a follow up with your health provider is needed.

"We have the chance to help children learn properly and not having them have to relearn once they're in kindergarten," Turner said. "These are things that people think can wait until kindergarten, but we have five good years. Let's get it right for them from the beginning."

To learn more about sensory and developmental screenings offered by U of A Cooperative Extension in Pinal, or to make an appointment, call 520-836-4651 or email wecare@cals.arizona.edu

more records."

Although, their training schedule is pretty stringent, the crew encourages others to come out, "anybody can come and check it out, because we're open to helping people."

They have had a few interested, but have not been committed to the training at this time.

They also encourage lifting as a way to build muscle and strengthen bones, "lifting heavier weights will help bones stay dense," which is great for the older population, "they are less likely to develop

osteoporosis." Garette shared.

Nikolai is very grateful for Garette for not only coming out every day to teach them. "I give him props for helping me, when I blew my pec out, I never thought I would get over anything like that... he was there when I was at my lowest, it means a lot to me."

Garette is also very proud of how well the crew did, "they've been committed to doing the work... Powerlifting is more about personal bests or personal records... don't worry about what somebody else is doing... worry

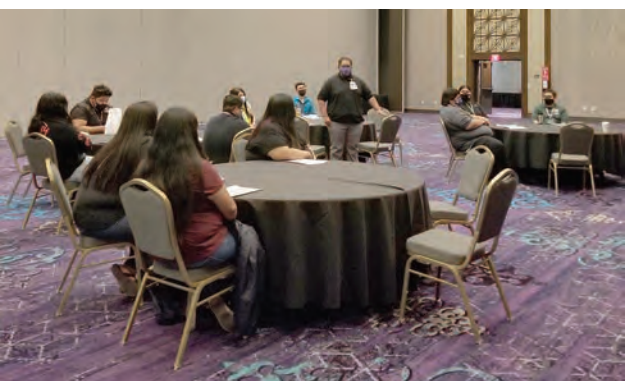
about what you're doing and what you're lifting and when you go to the meet you want a personal record, it doesn't necessarily have to be a state, national or world record, but get a weight that you've never done before."

Nikolai ended, "I'm just freaking so proud of us man, because we've come a long way... I feel like it was just yesterday, you know and now look where we're at. All the time that we spent in Billy's garage sweating away and just lifting, just to lift and then actually doing our first meet... Now we have a purpose."

Introducing the 2021 Harrah's Summer Youth participants

Ak-Chin youth participants attended Career Day on Sunday, May 23, 2021, at Harrah's Ak-Chin Casino, to learn about the available positions offered in the Harrah's Summer Youth Program. Harrah's leadership, along with the HDS Program Associates and Interns, were also in attendance, to provide an overview of the open positions.

Eleven summer youth participants were hired in various non-gaming back-of-house departments within the casino. The departments range from: Culinary, Hotel, Pool, Housekeeping and



Everyone gathered for career day.



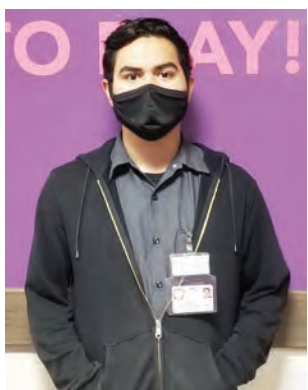
Noahli Antone



Ralston Justin



Lucianna Miranda



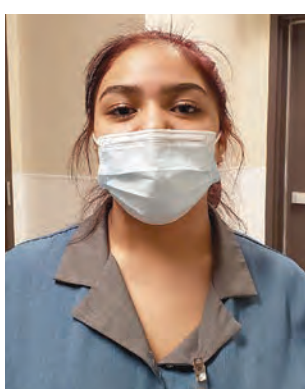
Cayden Peters



Jonathan Peters



Joshua Peters



Michaela Peters



Zaida Soliz

Warehouse. This year's summer youth program will last approximately 5 weeks. In addition to the hands-on work experience, the summer youth participants will participate in workshops such as resume writing, cultural presentations and community service events; volunteering their time at a local non-profit organization. The Harrah's Ak-Chin Summer Youth Program is a branch of the Harrah's Development System, which is a leadership program provided to the enrolled members of the Ak-Chin Indian Community. Erica Manuel-Oliver, oversees the HDS Program and has scheduled training

The summer participants also participate in weekly Toastmasters meetings on property. Participation in Toastmasters will help develop their impromptu speaking skills. The participants of the HDS Program will be attending a Man in the Maze cultural presentation on Friday, July 9.

Summer Youth Participants:

Noahli Antone, Copper Cactus Cook Helper

Xendryk Silas-Antone, Copper Cactus Cook Helper

Lucianna Miranda, Hotel Bell Person

Zaida Soliz, Chop Block & Brew Busser

Michaela Peters, Guest Room Attendant

Kateri Lopez, Chop Block & Brew Busser

Cayden Peters, Warehouse Helper

Ralston Justin, House Person

Jonathan Peters, House Person

Joshua Peters, House Person

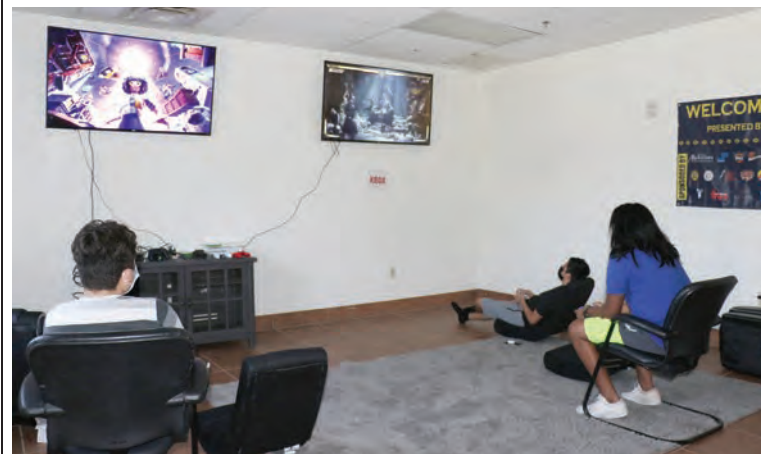
Zylen Antone, Dunkin Donuts Cook Helper

New programs at Ak-Chin Recreation

Ak-Chin Parks and Recreation has been rolling out new programs just in time for the summer season, from adding in new gaming systems, to experimenting with new water exercises and course outdoor sports.

The staff is excited to see everyone come back to the Rec Center, enjoying everything it has to offer. Please contact the

Ak-Chin Recreation at: (520)568-1740 or send an E-mail: recreation@ak-chin.nsn.us to check out the new recreation programs.



Gamers schedule time in the rec room for some friendly competition.



Participants enjoy the pool while testing out new fitness program.



Boys enjoy some basketball at Ak-Chin outdoor courts.

JULY 2021



Ak-Chin Child Development

Summer Break Time to Make Some Cool Treats

Children love to help in the kitchen so here are two easy recipes your child may help you with. While your child helps in the kitchen the following are benefits of cooking with preschoolers.

Social -Emotional Development: Hands on cooking activities help children develop confidence and skill. Following recipes encourages children to be self- directed and independent, it also teaches them to follow directions and develop problem solving.

Physical Development: Fine motor and eye hand coordination skills are developing by chopping, mixing and spreading.

Cognitive Development: Cooking encourages children's thinking, problem solving and creativity. It allows children the opportunity to use the knowledge they have and apply it by counting, measuring, following a sequence, following directions and cause and effect.

Summer Break Time to Make Some Cool Treats

1 Package (3.4ounces) instant vanilla pudding mix
2 Cups cold whole milk
2 Cups whipped topping
1 Cup miniature semisweet chocolate chips
24 Whole graham crackers, halved

1. Mix pudding and milk according to package directions, refrigerate until set. Fold in whipped topping and chocolate chips.

2. Place 24 graham cracker halves on a baking sheet, top each with about 2 tablespoons filling. Place another graham cracker half on top. Wrap individually in plastic, freeze until firm about 1 hour. Serve sandwiches frozen.

Ice Cream in a Bag

Ice Cream in a Bag
You'll need the following to make this yummy treat!
½ cup whole milk
¼ teaspoon vanilla extract
1 tablespoon sugar
1/3 rock salt

Ice
1-2 sandwich bags
1. Pour milk, vanilla and sugar into sandwich bag. Add a little chocolate syrup if you'd like to have chocolate ice cream.

2. Push air out of the bag and zip it shut. You might want to double bag to avoid spill.

3. Shake the bag and squish it around to combine ingredients.

4. Add ice to your gallon bag until it is about half full add rock salt

5. Place your sandwich bag inside the gallon bag and zip it shut.

6. Shake, shake, shake it up until your ice cream freezes about 10 minutes. Make sure your child wears gloves or wrap the bag in a towel so their little hands don't get too cold.

7. Add your topping and Enjoy!

!!!Calling All Ak-Chin Members and Children of Members!!!

Preschool and Childcare enrollment is open now. Please call or come by and pick up your enrollment packet. July 28th is Preschool Round up.

If you need additional resources about home activities, have questions or concerns or would like to talk to one of our teachers, please call us at 520-568-1700. We are here to help!

48251 W. Farrell Rd. Maricopa, AZ 85138
Phone: 520-568-1700 Fax: 520-568-1701

Ak-Chin Child Development

Accepting applications for 2021-2022 SY
Available now until July 30th, 2021

Preschool Round-Up Day

July 28th, 2021
8:00am—7:00pm

Bring your needed documentation and fill out an enrollment packet on site by appointment.

Due to Phase of opening only 2 days in person for 4 year old's and 3 year-olds will start virtually.

Time line will be given once your child is accepted and teachers will contact you once placed in a class.

Enrollment is based on availability and children are selected in the following order:

1. Child is an enrolled member of the Ak-Chin Indian Community
2. Child is a non-enrolled member, but he/she is the Legal child of an enrolled member of the Ak-Chin Indian Community
3. Child is living within the Ak-Chin Indian Community boundaries. Wait listed

Children's backpacks will be provided!!!

If you have any questions please contact the Preschool at
48251 W. Farrell Rd.
Maricopa, AZ 85139
(520) 568-1700.
Ak-ChinChildDevelopment@ak-chin.nsn.us

Ak-Chin Child Development offers:

- A High Quality Early Education Experience
- Health/Developmental Screenings
- Disability Services (Through M.U.S.D.)
- Kindergarten Readiness
- *Story time (Provided by Ak-Chin Library)*
- *Cultural Activities/Events (Provided by Language Program/Cultural Resources)*
- *Physical/Nutrition Education (Provided by Ak-Chin Health Ed. Program)
- *Fire Safety Education (Provided by the Ak-Chin Fire Department)*
- *Field Trips/Fun activities throughout year*

* Some activities may be postponed or modified to fit safety protocols.

Transportation provided for children living within the Ak-Chin Community boundaries.

Pick up a 2021-2022 Enrollment Packet at Ak-Chin Child Development.
Please bring in the following documents to be considered for enrollment

- Completed Application
- Certificate of Degree of Indian Blood (CDIB) if applicable
- Child's Certified Birth Certificate
- Child's Current Immunization Record

(returning students only need the current Immunization Record and a completed Returning Student application)

Only completed applications with required documents will be accepted. Children registering must be three (3) years old prior to September 1st of the current year.



**COVID-19 Test Dates,
Vaccines & More!
Visit [GRHC.ORG/HUB](https://www.grhc.org/hub)**

**FOR GENERAL INFO ABOUT CORONAVIRUS, GO TO [GRHC.ORG/CORONAVIRUS](https://www.grhc.org/coronavirus)
OR CALL THE GRHC CORONAVIRUS HOTLINE AT (520) 550-6079**

COVID-19 TESTING DATES

AK-CHIN JUSTICE COMPLEX • 45525 W. Farrell Road, Maricopa, AZ 85139

JULY 27th & 28th • 5 pm - 7 pm

WHO SHOULD GET TESTED? *All Ak-Chin members, and those residing within the Ak-Chin Indian Community boundaries.*

*Gila River Health Care recommends frequent testing for anyone who has not been tested or previously tested negative and has no symptoms. If you are experiencing symptoms please go the ER or Primary Care Department.
For COVID-19 test result information, please call: (520) 550-6079.*



Dr. Yamada Retires After 33 years of Service to Gila River Indian Community.

A permanent fixture here at Gila River Health Care, Dr. Yamada began his journey with GRHC over 30 years ago as a podiatrist. Over the years, he has become much more, serving as a supportive, caring physician in the lives of many of our patients while lending his wisdom, expertise, and knowledge. He has served in the capacity of Director of Podiatry and most recently interim Chief Medical Officer.



**We are grateful for your years of service to the
Gila River Indian Community and our patients.
We wish you a joyful retirement!**

NEW PATIENT VISITATION GUIDELINES FOCUS ON SAFETY

Gila River Health Care will allow LIMITED visitation of patients. The new visitation guidelines affect:

- Visitors of patients receiving care in GRHC's Inpatient Department
- Visitors accompanying patients to medical appointments

Visitation guidelines help protect our patients, their care partners, and our employees by limiting spread of the coronavirus, and we are committed to providing outstanding care in the safest clinical environment possible. These guidelines are based on conditions existing in our healthcare environments and the number of Covid-19 cases in the Community according to state, county and GRIC Tribal Health Department data.

Who Is Affected By the New Patient Visitor Guidelines?

- Patient Visitors: Parents, guardians, family members, friends and other people wanting to accompany or visit patients at Gila River Health Care (GRHC) facilities.

VISITOR GUIDELINES:

- Visitors must be 12 years of age or older
- Visits will take place in a patient's hospital inpatient room or clinic exam room
- All visitors must pass a screening questionnaire prior to entering any GRHC facility

- All visitors must wear a face covering while inside any GRHC facility

CLINICS and EMERGENCY DEPARTMENT (ED):

- Up to two visitors will be allowed to accompany a patient throughout the clinic visit or ED visit, including waiting areas.

INPATIENT DEPARTMENT:

- A maximum of two visitors will be allowed per day for patients admitted to the hospital
- Visitors must adhere to the posted visitation hours
- Special accommodations may be granted for:
- Visitors of patients requiring assistance due to physical, mental, or age related disability
- Visitors of pediatric patients
- Visitors of end-of-life patients
- No visitations allowed for COVID-19 positive or suspected positive patients, unless the patient is at end-of-life individuals or groups without a legitimate medical reason for being at a GRHC clinical
- location will be denied access and asked to leave

THE CARING HOUSE

- The Caring House will follow the rules stated in this policy but will make changes based on CMS Guidelines. Please contact the Caring House for current visitor information and updates. For more information call (520) 562-7400.

National Suicide Preventions Lifeline: 1-800-273-8255

Gila River Indian Community CRISIS HOTLINE: 1-800-259-3449

Job Openings

- Accountant
 - Communications Officer (911 Dispatcher)
 - Deli Clerk
 - Economic Development Analyst
 - Enrollment Academic Advisor
 - Firefighter/EMT
 - Firefighter/Medic
 - Maintenance Technician (6)
 - Police Officer (non-certified and certified)
 - Purchased/Referred Care (PRC) Manager
 - Gaming Agent (2)*
- * Open to Current Community Employees and Enrolled Community Members Only*

Please visit our website at www.ak-chin.nsn.us, Job Openings, to review the job posting and apply. If you need assistance, please call Human Resources at 520-568-1050.



- Farm Laborers
 - tractor driver, irrigator, service shop, spray tech, sprinkler tech, water truck driver.
 - 6-7 days a week / 10-hour days.
 - \$12.50+ an hour
- *Applicant must have a valid driver license and must meet the insurance eligibility guidelines with AK-Chin Vehicle Policy.
- To apply, please visit the Ak-Chin Farms at 42507 W. Peters and Nall Rd Maricopa, AZ 85138. 520-568-1165

James Adams
Deli Clerk, Vekol

Mallory Justin
Deli Clerk, Vekol

Game Night
AMONG US

Join us the 2nd and 4th Friday of the Month at 4 pm to find the imposter among us. Text us @ 520-612-1013 to register.

Wishes

HAPPY BIRTHDAY TO MY DAUGHTER FLORA LOVE, MOM

HAPPY BIRTHDAY JODI!

HAPPY BIRTHDAY CHIZZER, SPANKY, SHWEETIE, LYNDS AND SISTER LOVE YOUR FAMILY

HAPPY BIRTHDAY TO MY GRANDDAUGHTERS LYNDSLEY AND LEEANN LOVE, GRANDMA

Happy 4th of July!
From the Staff at the Runner

FIELD TRIP FRIDAYS

- * Sign up for Summer Reading
- * Earn 100 points every week by Thursday at 5pm
- * Call us to add you to the Dollar Tree Field Trip list
- * Field trips for summer readers up to 17 years old
- * Transportation waivers have to be signed by parent/guardian before Friday
- * Pick up begins at 10am

Attend a Live Watch Party @ the Library
Earn an instant 100 points!

Info below:

WATCH PARTY
@ AK-CHIN LIBRARY
PRESCHOOL AGES & PARENT(S)
MONDAYS 10AM OR 2PM
YOUTH 8 & UP
WEDNESDAYS 10AM OR 2PM
TIME SLOTS: UP TO 6 PEOPLE
CRAFTS, ACTIVITIES & SNACK TO GO
CALL TO SIGN UP AT 520-568-1675
Or fill out form:
<https://forms.gle/nACQrQrXXqx82HGT7>

LIVE

OPEN TO AK-CHIN MEMBERS & RESIDENTS

EMPLOYEE BIRTHDAYS

2nd
Dalena Crawford, Maintenance
Daniel Batopis, Parks & Recreation

3rd
Rayford Vavages, Maintenance
Sierra Paddock, Finance

4th
James Fortier, IS
Mathilda Miguel, Courts

6th
Flora Howerton, Finance

8th
Adriana Alvarado, Early Childhood

9th
Georgia Corella, Elderly

10th
Kimberly Creamer, Human Resources

13th
Leeann Peters, TGA
Dustin Whitman, Parks & Recreation

14th
Esther Alvarez, Law & Order
Job Elliott, Social & Health Services

15th
Luis Chavez, EPD
Keith Franklin, IS

16th
Timothy Costello, Airport
Brian Hammerschmidt, Fire & Safety
Rodney Huffaker, IS
Linda Smith, Retail

17th
Martina Guy, Health Education
Adan Enriquez, EPD

18th
Silas Norris, Maintenance

19th
Brenda Ball, EPD

20th
Brian Poulson, Fire & Safety
Perry Vettraino, Capital Projects
Havier Alvarez, Sanitation

22nd
Andrea Chee, Law & Order

24th
Stephanie Valdez, Early Childhood

28th
Luis Rodas, Him Dak Museum

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Kalene Santiago	2 Abrianna Machado Angel Warren Daniel Batopis	3 Valecita Enos Sierra Paddock Fernanda Acunia-Pablo
4 Yessenia Santiago Dalia Antone Elisia Ugalde Mathilda Miguel	5 Amanda Kaniatobe Jilayne Miguel	6 Erno Lopez Flora Howerton	7 Lucio Martinez David Garcia	8 Jason Smith	9 Chizzum Justin Georgia Corella Yrene Zepeda Jeremy Johns	10 Elizabeth Machado Kenneth Lewis Whitney Justin Stacy Antone Anthony Lewis
11 Lyndsey Peters	12 Leeanna Jensen Mariah Stephens Iris Attakai Gloria Martinez Evan Miller	13 Jaelyn Justin Leeann Peters Simon Bowman Martin Antone Dustin Miguel Mason Miguel	14 Esther Alvarez Jayden Hayslip Noahli Antone	15 Jordan Stephens	16 Linda Smith Elaina Enos Danny Soliz	17 Jorge Alvarez Taos Joaquin
18 Abraham Jose Silas Norris	19 Aniya Deleon Hannah Smith Dorian Nosie-Romo	20 James Lopez Briana Pena Robin Vincent Richard Carlyle Aiden Antone Havier Stephens Marisol Andaverde	21 Ja'Marrion Stevenson Kaycee Lopez Dominic Lewis	22 Mark Narcia	23 Carlos Delores Connor Miguel BonScott Alvarez Ulyceiz Ocanas	24 Doyleen Pablo Alejandra Castro Samantha Martinez Consuella Santiago Milla Cuatt Stephanie Valdez
25 Jamar Stevenson Xendryk Antone-Silas Norman Vincent	26 Sally Antone Fabian Santiago Teagan Delma Kylie Hill Tyler Mike	27 Lilly-anna Johnson Kaylan Peters Aurelia Peters	28 Terrance Peters Luis Rodas Cheryl Lopez Jeannie Stephens	29 Laila Lopez	30 Corrina White Cecil Miguel Ashlea Anderson	31 Clyde Santiago Brenda Arellanes-Burgos Lino Valles Kristen Villegas

Comedians bring much needed laughter back to Ak-Chin Circle Entertainment Center

Pictures and story by R. Bowen



Comedian and headliner Tony Roberts

On Saturday, June 26, 2021, four comedians along with host Big Rob, performed at Ak-Chin Circle Entertainment Center to a sold-out audience as part of the DT Comedy Show.

The question of if people were ready to get back out and enjoy a night of laughter was

answered in certainty. Visitors and locals continued to fill the seats right up until the show started, highlighting the need of many in the crowd for a Saturday night out that felt closer to normalcy.

While many of the comedians knew of or had visited Maricopa previously, others were experiencing the area for the first time and had some humorous commentary on the location and the frustrations of driving on 347.

Host Big Rob thanked the Ak-Chin Indian Community for sponsoring the event and made a point to offer gratitude to Governor Stephen Roe Lewis, Gila River Indian Community, who was in attendance and Ak-Chin Chairman Robert Miguel.

The DT Comedy Show was celebrating its 8th year and plans to have additional shows to-be-announced later this year.

Upcoming events will be posted on the website ak-chincircle.com



Top (L to R): Comedians DT and Host Big Rob

Bottom (L to R): Comedians Reina Rodriguez and Short Bus

Ak-Chin Circle
ENTERTAINMENT CENTER

AK-CHIN SOUTHERN DUNES GOLF CLUB

MOVIES
ak-chincircle.com/theater

THE FOREVER PURGE
Monday - Thursday (PM):
12:30, 1:00, 2:45, 3:30, 5:00, 7:00, 7:45 & 9:30
Friday & Saturday (PM):
12:30, 1:00, 2:45, 3:30, 5:00, 7:00, 7:45, 9:30
Sunday (PM):
12:30, 1:00, 2:45, 3:30, 5:00, 7:00, 7:45 & 9:30

THE BOSS BABY: FAMILY BUSINESS
Monday - Thursday (PM):
12:00, 2:30, 5:00 & 7:30
Friday & Saturday (PM):
12:00, 2:30, 5:00, 7:30 & 10:00
Sunday (PM):
12:00, 2:30, 5:00 & 7:30

ZOLA
Monday - Thursday (PM):
12:00, 2:00, 4:00, 6:00 & 8:00
Friday & Saturday (PM):
12:00, 2:00, 4:00, 6:00, 8:00 & 10:00
Sunday (PM):
12:00, 2:00, 4:00, 6:00 & 8:00

THE HITMAN'S WIFE'S BODYGUARD
Monday - Thursday (PM):
12:00, 2:15, 4:30, 6:45 & 9:00
Friday & Saturday (PM):
12:00, 2:15, 4:30, 6:45 & 9:00
Sunday (PM):
12:00, 2:15, 4:30, 6:45 & 9:00

FAST & FURIOUS 9
Monday - Thursday (PM):
12:15, 1:00, 3:30, 4:00, 6:30 & 7:00

Friday & Saturday (PM):
12:15, 1:00, 3:30, 4:00, 6:30, 7:00, 9:30 & 10:00
Sunday (PM):
12:15, 1:00, 3:30, 4:00, 6:30 & 7:00

A QUIET PLACE PART II
Monday - Thursday (PM):
12:15, 3:15, 5:30 & 7:45
Friday & Saturday (PM):
12:15, 3:15, 5:30, 7:45 & 10:15
Sunday (PM):
12:15, 3:15, 5:30 & 7:45

Cosmic Bowling
SATURDAYS FROM 8PM-12PM
\$12

2 hours of
UNLIMITED
Bowling & Shoes

GREEN PIN CHALLENGE
8PM-10PM

KIDS EAT FREE

FREE KIDS MEAL
WITH PURCHASE OF ADULT ENTREE
Receive kids meal with purchase of an adult entree from main menu. Must present coupon to server. No substitutions. Not valid with any other specials, offers or discounts. One coupon per table, no split checks. Does not include alcohol. Non-transferable. Offer expires 7/31/21.

ARROYO GRILLE
at Ak-Chin Southern Dunes Golf Club

ARROYO GRILLE AT AK-CHIN SOUTHERN DUNES IS OPEN TO THE PUBLIC

(520) 426 - 6832 ARROYOGRILLE.COM

ARROYO GRILLE AT AK-CHIN SOUTHERN DUNES IS OPEN TO THE PUBLIC

DINNER \$39++
DATENIGHT
WEDNESDAYS - SATURDAYS IN JULY

2 SALADS 2 SELECT CHEF PREPARED ENTREES 1 SHARED DESSERT 0 DISHES TO DO

*Not valid with any other specials, offers or discounts. No split checks. Does not include alcohol. Offer valid Wed-Sat through 7/31/21.

ARROYO GRILLE
at Ak-Chin Southern Dunes Golf Club

520.426.6832 • ARROYOGRILLE.COM
48456 WEST HWY 238 • MARICOPA

GERTIE & THE T.O. BOYZ

WAILA MUSIC

Performing Live at Ak-Chin Circle

Saturday July 10, 2021

FREE 9PM-2AM
Event For All Ages | Bring your own chairs | Cash bar

Ak-ChinCircle.com

16000 Maricopa Road, Maricopa AZ 85139

Harrah's
AK-CHIN CASINO

JULY 2021

CAESARS
REWARDS.