Volume XXXVIII, Issue 11 June 7 - 20, 2024 Maricopa, Arizona

Hats off to the Class of 2024

Maricopa High School Class of 2024 graduates toss their mortarboards in jubilation after their commencement ceremony on May 23, at Maricopa football stadium.

Story by Raychel Peters, photo by Jordan Rodriguez

It is once again time to celebrate and recognize the hard work and success of our 2024 student graduates. Ak-Chin be proud to know that we had close to 100 students promote or graduate this year.

Ak-Chin celebrates with the eight post-secondary graduates who received their certificates and/or diplomas from; Arizona State University, Navajo Technical University, Grand Canyon University, Arizona College of Nursing, Pima Medical Institute, Central

Class of 2024 continues to page 1b

Arizona College, and Avalon Institute.

We are also happy to celebrate the eight students who graduated from Maricopa high school, and four graduate from out of district schools, with two more scheduled to graduate in July.

We are overjoyed that Maricopa Wells middle school promoted twelve community students to high school, as well as three from out of district middle schools.

We are also happy to report that Maricopa Elementary promoted twelve to sixth grade and five who will be moving up to first grade. Meanwhile, Saddleback Elementary promoted fourteen to sixth grade and five to first grade.

We also had four out of district students promote to sixth grade and one promote from kindergarten to first.

Last, but not least, we celebrate our newest and youngest educators from the Ak-Chin



Consuelo Alvarez and her family enjoy the Runner photo booth at the Ak-Chin Education Celebration, held at Ak-Chin Circle Entertainment Center, May 16.

Ak-Chin Education honors graduates

Story by Raychel Peters, photos by Runner Staff

On May 16, the Ak-Chin Education department held a celebration event for community members who graduated from high school and higher education. The event; held at Ak-Chin Elements Entertainment Center; was well attended by the students and their families.

The evening began with a welcome and a song performed by the Ak-Chin Youth Council.

Mistress of Ceremonies, Nicole Carlyle-Coester then invited everyone to help themselves to the dinner banquet set up by Ak-Chin Circle Entertainment staff. Once everyone was seated, Nicole introduced keynote speakers for the evening.

First up to speak was Taylor Santiago, Maricopa high school senior. Taylor spoke eloquently about her time studies as she shared her speech, "We Will Be Known Forever By The Tracks We Leave", that was the theme of the evening.

Ms. Taylor spoke of her strenuous Advanced Placement (AP) Seminar class, which was a challenging college level

"When I first signed up for this class, I didn't know we had to present, I thought it was just research and writing, which hit me hard because I was terrified of public speaking."

Taylor also shared how she struggled was overwhelmed at times.

"I really felt like giving up and on the days of my presentations I thought that my heart would literally jump out of my chest or I'd pass out so I wouldn't have to present, but that sadly did not happen:(."

She provided a great scenario about facing problems, "You know running away from your problems and fears is like running away from rez dogs, you can't outrun them... but they'll get you eventually. So, you have to stop and face them, throw a shoe or two, grab a stick and defend yourself."

Taylor stayed her course and it paid off big as she passed her exam. "I did it! I passed that exam with a 5, which is the highest score you can get, along with another AP class I took that year and I now have college credits."

She gave credit to her family and friends for helping her. "I had my family, best friend, friends, the advisors at the education department, and a strong community behind me full of history of those who persevered and made this community what it is today. They inspired or supported me to keep working and fulfill my dreams."

Taylor's last piece of advice, "empower yourself with a good education or a life of learning. Whether you're going to a 4-year university, trade school, beauty school, taking a gap year, post-secondary grads... getting a job...or whatever you decide to do, keep learning about yourself, the world, learn about our community and make sure all that you've learned makes you a better person and that your life will be happy and successful."

Next to speak was Consuelo Alvarez, who received her Bachelor of Science in Nursing from the Arizona College of Nursing.

Consuelo spoke of how nervous she was about public speaking, although you would not have known, as she stood tall and shared great words about her desire "to help others" which led her to a career in the medical field.

Ms. Alvarez started out as a medical assistant, where she learned "a lot about patients, environments, and helping others."

She soon realized that she wanted to do more and decided to become a nurse, so she could continue "with what I love and help others in a deeper way."

She spoke of being a proud

Education Celebration continues to page 1b

Students work hard to earn trip to Universal Studios

Story submitted by Ak-Chin Education, photos by Armonda Santiago and Education Staff



"Great achievement is usually born of great sacrifice, and is never the result of selfishness".

In an attempt to enhance academic performance, students from the Ak-Chin Education Department took a trip to Universal Studios in Hollywood, California.

The requirement was for 5th to 8th grade students demonstrate improved academics positive and behaviors during the 4th Quarter of the school year.

75 students participated in the Education tutoring program, grades where improved by 60% and advisors saw how beneficial our tutoring program is!

The requirements for the Universal Studios field trip was for students to maintain A's and B's in core subjects, as well as no behavior issues.

Families were required to attend three meetings prior

Universal Studios continues to page 1b

to the trip. Our students expressed how they wanted to attend this field trip by turning in their homework, attending school and improving their

It was great to see the hard work they all put in to meet the criteria for the opportunity to attend this field trip, we are all so PROUD of them!

All schools and parents were aware that our students were taking this field trip. They helped push and remind our students how important it is to maintain the grades in order to attend the trip.

We are so grateful for all of their support. We appreciate them cheering on our students!

We had eight education staff attend and three parent chaperones whom we would like to recognize; THANK

YOU for taking the time to help our students!

The transformative journey took place from May 16th - 17th, with the help of Arrow Stage Lines luxury transportation.

Staff and students left the Ak-Chin Education Department at midnight, on May 16th, and drove all night to Universal Studios in Hollywood City, California.

Education staff felt Universal Studios would be a great introduction for our students.

Most of the students have never traveled outside of Arizona and we look forward to next year's field trip because we are planning to go to Disneyland! We hope to include high school as well!

Education has spent five

<u>Inside this issue</u> **PAGE 2 ELDER NEWS PAGE 3 COMMUNITY NEWS** PAGE 1B-4B GRADUATIONS/CELEBRATIONS Submitted by Leslie Carlyle-Burnett, Ak-Chin Elder Director



Elders enjoy a friendly game of UNO.

Collaboration between the Ak-Chin Health and Wellness department, Ak-Chin Recreation department and the Ak-Chin Elder Center have come together to launch an innovative program designed to enhance the lives of our elder community members. Focused on health and wellness, this initiative is more than just an exercise routine; it's a celebration of movement, mental stimulation, and social

A Holistic Approach to Elder Wellness

connection.

The program, which has seen remarkable growth since its inception, offers a diverse range of activities tailored to meet the unique needs and preferences of our elders. From yoga sessions and lowimpact aerobics engaging brain games and social gatherings, the Recreation Center has become a hub of activity,

laughter, and learning.

Physical **Activity:** Recognizing the importance of physical health, the program includes a variety of exercises aimed at improving flexibility, strength, and cardiovascular health. a supportive network The goal is to create a Health and Wellness that extends beyond the dynamic, inclusive, and Marc Matteson staff, Martina Peters, and along with Recreation

staff Eduardo Santiago guide the elders through routines that are both enjoyable and beneficial. Whether it's a morning walk in the gym, a fun obstacle course to bouncing balls, the elders are rediscovering the joy of movement.

Stimulation: Mental Keeping the mind active is just as crucial as physical activity. The program incorporates fun and challenging brain games designed to enhance cognitive function. From crossword puzzles and memory games interactive group activities, these sessions are a hit among the participants, fostering a sense of accomplishment and mental agility.

Social **Interaction:** One of the most valued aspects of the program is the opportunity it provides for social interaction. Many elders face loneliness and isolation, but the Recreation Center offers a warm and welcoming environment where they can form new friendships and reconnect with old ones. The camaraderie and sense of community are palpable, creating the lives of our elders. confines of the center.

A Community Effort The success of this program is a testament to the power of community collaboration. Recreation Department and the Elder Center staff Supervisor Sonia Narcia and Elder Center Coordinator Marissa Antone have worked with the Rec department and Health and Wellness to ensure that every aspect of the program is tailored to the needs of the participants. Their dedication is evident in the smiles and laughter that fill the Recreation Center daily.

Nutritious Snacks: To keep the energy levels high and ensure that the participants are wellnourished, a variety of healthy snacks are provided. These not only offer a tasty treat, but also promote better eating habits and overall wellness.

Growing Participation: The program's popularity continues to increase, with more elders joining. This growing number is a clear indication of its positive impact and the high demand for such initiatives. organizers The continually exploring new ways to expand and

Looking to the Future

community.

enhance the program,

ensuring that it meets

the evolving needs of the

As we look to the future, there are endless possibilities for its expansion. Plans already in motion to introduce new activities, workshops, and events that will further enrich sustainable program that continues to inspire and



Join the Ak-Chin **Elder Committee!**

Are you 55 or older and looking for a way to contribute to your community? The Ak-Chin Elder Committee needs your wisdom and experience!

Who We're Looking For:

- · Elders aged 55 and over
- Ready to help plan and organize events and activities

Responsibilities:

- Plan elder trips, activities, and parties
- Develop policies for elder travel and program participation
- Collaborate with fellow committee members and Community Elders

Meeting Schedule:

- At least once a month
- We will accommodate any schedule that fits yours

Why Join?

- Share your ideas and creativity
- Create new and improved Elder Programming

INTERESTED? HAVE QUESTIONS? CALL THE ELDER CENTER AT 520-568-1760 FOR MORE INFORMATION OR TO SIGN UP.



The Elder Department is hosting another game day trip to Chase Field:

> AZ D-Backs vs Chicago White Sox Game starts @ 7:10pm

*Bus will depart from the elder center @4 pm

ARIZONA DIAMONDBACKS NATIVE AMERICAN RECOGNITON DAY @ CHASE FIELD SATURDAY JUNE 15, 2024

For any questions or to RSVP please call Marissa or Sonia @ (520)568-1760. Deadline to RSVP June 10, 2024



MONDAY WEDNESDAY THURSDAY FRIDAY

*Breakfast Served from 7 AM to 8:30 AM

*Lunch Served from **12 PM to 1 PM**

*Chair Yoga is located in Elder Craft Room **Tuesday and Thursday** 9 AM to 10 AM

*Chair Volleyball Questions? **Call the Recreation Department** at 520-568-1760

engage.

*Movie Questions? Call the Elder Center at 520-568-1760

*For Transportation call Georgia at 520- 568-1769

JUNE 15 "Native American Day" D-Backs vs White Sox @ 7:10 pm

Leaving @ 4 pm

Cereal, Boiled Eggs, Toast, Banana

6/14

6/7

Potato Soup & Chef Salad, Whole Wheat or white Rolls, Grapes

6/10 Chicken Fried Steak, Scrambled Eggs, Biscuits, Peaches w/

Turkey Barely, Vegetable Soup, Romaine Salad, **Pineapple**

Cottage Cheese

Deadline to sign up for Diamondbacks Game

6/17 Cereal, Boiled Eggs, Toast, Banana

Popcorn time in the Craft Room @10am

Pork Stew/Cactus, Zucchini, Black Beans, Chumath, Sliced Apples & Oranges

6/11

6/18

Rolls

Waffles, Scrambled Eggs, Bacon, Fruit Salad

Red Chili Stew, Potato Salad, Pinto Beans, Apple Sauce

Scrambled Eggs &

Chorizo, Tortilla,

Avocado Slices, Grapes

6/12

Cream of Wheat, Boiled Eggs, Toast, Fruit

Chicken Cordon Bleu, Creamed Spinach, Carrots, Pears

CENTER CLOSED DUE TO

JUNETEENTH HOLIDAY

Movie Day

6/19

6/13

6/20

Toast, Fruit

Chicken Fajita,

Breakfast Sandwich, Potatoes, Fruit & Yogurt

Spaghetti, Romaine Salad, Texas Toast, Apple/Orange

Scrambled Eggs, Hashbrown Casserole, Sausage, Fruit Salad

Hot Dog Bar, Potato Salad, Corn on the

Cob, Fresh Cut Fruit, Chocolate Cake/ Ice Cream

Father's Day Luncheon @12 noon

6/21 Breakfast Casserole,

Toast, Fruit Salad DIY Craft Turtle Flower

Pot @9:30am

Tropical Fruit

Turkey Pot Pie, Corn on Cobb, Wheat/White

Normandy Vegetables, Yellow Squash, Fresh **Cut Fruit**

Oatmeal, Boiled Eggs,

Toscana Soup, Romaine Salad, Bread Sticks,

16600 N. Maricopa Hwy. Maricopa, Arizona 85139

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OFFICE HOURS

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Regular Contributors: Ak-Chin: Cultural Resources.

Education, EPD, Health Education, Him-Dak, Library, Health & Human Services, Recreation & MUSD.

The Ak-Chin O'odham Runner is published on the first and third Friday of each month.

The "Runner" is delivered to all residents and departments of the Ak-Chin Indian Community, as well as surrounding community businesses, interested groups and subscribers.

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from: Ak-Chin O'odham Runner 16600 N. Maricopa Hwy Maricopa, Arizona 85139

ANNOUNCEMENTS

Announcements and wishes may be phoned in, faxed or e-mailed.

ARTWORK, LETTERS, **STORIES**

The Ak-Chin O'odham Runner is a Community Newspaper and encourages Community involvement.

If you have artwork, photos, poems or a great story that you would like to share, please contact us so we can include it in "YOUR" newspaper. Also, if you have suggestions or comments about "YOUR" newspaper, let the Runner Staff know that too.

All submitted letters MUST be signed by the author and are limited to 200 words.

Authors must also include their name, address, and phone number. Names can be omitted by request. Anonymous submissions will not be accepted.

We reserve the right to edit all submitted material for clarity, grammar and good taste. All submissions should be received as typed or non-cursive writing. Please do not submit UPPERCASE or formatted paragraphs.

Submitted pictures need a return address and brief description. Pictures with no address will remain on file. Allow 2 weeks for return.

SUBSCRIPTION RATE 2024 Subscription rate is

\$37.75. If you would like to receive the "Runner" by mail, please send a \$37.75 check/money order to: Ak-Chin O'odham Runner

16600 N. Maricopa Hwy. Maricopa, Arizona 85139

payable to: **Ak-Chin Indian Community**

Make check/money order

NEXT DEADLINE Don't forget the DEADLINE for the

June 21 - July 4, 2024 issue is due by **FRIDAY, JUNE 14TH** Please submit all

announcements, wishes, etc. no later than **FRIDAY, JUNE 14TH**

Material submitted after the **JUNE 14TH DEADLINE** cannot be guaranteed placement. If appropriate

and relevant, it will be included in the next issue.

Ak-Chin Fire Cadet Program Family Day

Story and photos submitted by Jennifer Boehm



Cadet group photo: (Left to Right) Elijah Bell, Adriano Felix, Antonio Rodriguez, Chairman Robert Miguel, Alivia Bell, Taylor Santiago, Rene Saspe and Aaron Felix.

On Saturday May 18th, the Ak-Chin Fire Department held a Family Day for the Ak-Chin Fire Cadets to showcase firefighting skills they learned within the program to their families and friends.

The morning consisted of turnout drills, hydrant operations and hose deployment for fire attack followed by a Q & A session for the families.

The Cadets were presented with ACFD challenge coins thank them for their participation and fellow cadets, **Taylor** Santiago and Aaron Felix, who were graduating high school were also presented with cards and a gift to congratulate them

their accomplishment.

The event ended with a lunch and words of encouragement from the Ak-Chin Chairman, Robert Miguel.

Ak-Chin Fire Department reestablished the Fire Cadet Program last year that had ended in 2016. The program was a highly successful program that not only introduced young adults to the demanding career in the fire service, but also taught participants important life skills such as leadership, effective communication and basic emergency response.

While the program was paused for a few years, the interest from the community was steady therefore the department was eager to bring the

Cadet program back.

The program is chartered through the Grand Canyon Council Boy Scouts of America, which provides guidance for the department and insurance the participants. The program runs from September through May for young adults ages 14-

The program teaches the cadets EMS and fire skills within classroom instruction and hands-on training.

We look forward to the continued participation from our current and future cadets next year. If you have any questions about the program, please reach out to the Ak-Chin Fire Department, at 520-568-1300.





- **Clay-Bar Treatment Water-Spot Removal**
- Foam & Hand Wash **Tire Shine**

Elisia Ugalde

YOU ARE INSTRUCTED TO FILE A FORMAL WRITTEN ANSWER

fee; further you must send a copy of your wri

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- Deodorizing **Pet Hair Removal**
- **Black Trim Restore**



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CIVIL SUMMONS



IN THE AK-CHIN INDIAN COMMUNITY COURT 45525 West Farrell Road L. A. D.O.B: XX/XX/XXXX THE AK-CHIN INDIAN COMMUNITY TO: DUANE ANTONE YOU ARE HEREBY SUMMONED and required to app e above-entitled matter on the 19th day of August, 2024, at 10:00 AM for a IF YOU FAIL TO APPEAR FOR AT THE TIME AND DATE SET FOR THE HEARING A JUDGMENT BY DEFAULT MAY, BE ENTERED AGAINST THE RESPONDENT AND THE PETITIONER MAY, BE GRANTED THE RELIEF REQUESTED IN THE PETITION OR THE PETITION MAY, BE DISMISSED FOR FAILURE OF THE PETITIONER TO APPEAR. GIVEN under my hand and seal of Al-Chin Indian Community Court in the State of Arizona this 20th day of May, 2024.

RAYMOND PAUL NARCIA MAY, 13, 1983 - APRIL 21, 2024

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We the family of the late Raymond P. Narcia would like to thank everyone for thinking of our family during this difficult time. The support we have received the last couple of weeks did not go unnoticed. We appreciate everyone who brought a meal to our family or just came and sat with us to talk. All donations received were very much

Thank you to the following: Ak-Chin Community Council, Ak-Chin Fire Department, Ak-Chin Public Works, Ak-Chin Runner Staff, Ashley Vincent & Family, Candi Chavez, Delia Carlyle, Dennis Antone, Gohk, & Chucky, Dyami Jackson & Ryan, Evelyn Garcia, Father Antony Tinker, Florentina Ruelas, Gabrielle Compton, Grace Pablo, Gwen Pilone, Joe Enos, Jose Miguel, J. Warren Funeral Services, Kathy Ruiz, Lawrence & Sally Antone, Leo Lewis & Group, Lerline Peters, Leslie Lewis-Manuel, Lily Mike, Luis Rodas, Mallory Justin & Family, Michelle Garcia & Family, Miguel Family, Nikkol Martinez, Perry Family, Shanna Narcia, Stephanie Valdez, Susan Cons, Tamara Denetclaw, Vekol Market, Wilma Frausto & Family, Special thank you to the Ak-Chin Police Department

Sorry if we forgot to mention anyone. Just know your support was very much appreciated. We could not have gotten through the last couple of weeks without the help from our Narcia & Peters families. Thank you for all the support and preparing that was done. We love you all.

Carmen Narcia & Family



AK-CHIN INDIAN COMMUNITY REQUEST FOR PROPOSAL (DESIGN-BUILD) "ADMINISTRATION BUILDING PROJECT"

The Ak-Chin Indian Community (hereafter called the "Owner") invites all General Contractors to submit proposals on a Design-Build Agreement. This project consists of the following;

Approximately 49,000 Sq, Ft. of a Governmental Administrative Building, consisting of multi-departmental offices and a community council chambers.

The Design-Builder will be teaming with the existing Architectural and Civil engineer entities that have been involved since the project inception. Pre-construction services will include initially providing a cost evaluation of the schematic design drawings and evaluating the cost throughout the design process.

A MANDATORY Pre-Bid Conference for Qualified General Contractor's ONLY is scheduled for 10:00 a.m. (MST) on June 18, 2024 at Capital Projects Conference Room located at 45710 W. Farrell Road, Maricopa, AZ 85139. This meeting is considered mandatory, and in this meeting the project scope will be discussed. If you do not attend this pre-bid meeting your proposal will NOT be accepted.

Deadline for any questions regarding this project will be 2:00 p.m. (MST) on July 9th, 2024. Proposal questions should be directed to Flora Howerton at FHowerton@akchin.nsn.us. Also, Cc: Project Manager, Perry Vettraino at pvettraino@ak-chin.nsn.us.

The Owner will receive Competitive Bid Proposals until 2:00 p.m. (MST) on July 26th, 2024 at the Tribal Purchasing Department located at 42507 West Peters & Nall Road Maricopa, Arizona 85138. Proposals received after the specified date and time will be rejected and returned unopened.

This invitation is unrestricted; however, preference will be given to Indian Organizations and Indian Owned Enterprises in accordance to the Community Procurement Procedure. Request for Proposals ("RFP") a Detailed RFP and instruction/information package and related information will be provided to entities at the pre-bid conference.

The Owner reserves the right to reject, any and all bids. However, the Ak-Chin Indian Community at its discretion may postpone said action for such time as the Tribal Council may designate, as the interest of the Community may require.

subsequent to the opening of Bids without consent of the Owner.

No bid shall be withdrawn for a period of sixty (60) days



June 7 - 20, 2024

Ak-Chin Library Efforts Hope to keep Waila Alive

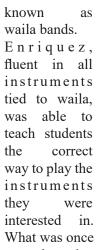
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Story and photos by Jordan Rodriguez

On May 19, the Library welcomed music Damon instructor Enriquez, a musician who has been playing waila for over 30 years and teaching for eight. Being a musician with plenty of experience, he taught students everything there is to know about waila music, that is specific to the region.

Originated by the Tohono O'odham, waila evolved from the music of earlier acoustic fiddle bands that adapted European and Mexican music.

Fast forward to current day and groups with a combination of different instruments, including the button accordion, alto saxophone, drums, bass, and guitar became



fundamentals to Waila music.

booming genre of music, where people had to be turned away, is now slowly dwindling and struggling to find youth to continue

Enriquez believes that the reason waila isn't as big anymore isn't because no one is interested in it, it's opportunities because to pass this genre from

its tradition.

generation to generation far between.

Which why he feels the need to



the music to the O'odham

communities.

"Anybody musician," Enriquez. "I've taught over 300 kids that never knew anything about how to play music.

This year I had five gentlemen who were in my class and they all graduated and now they have their own waila band."

are few and The library hopes to offer similar classes in the future for others in the community who may be interested in learning about waila.

Ak-Chin Members and Police bond over Esports

Story and photo by Jordan Rodriguez

On Wednesday May 15, the Ak-Chin Police tried to show today's generation how esports are done. Put together by Parks and Rec, Esports with Police settled the long debate on which generation is better at video games.

While also connecting members of the community to our first responders over similar passions.

Although gaming usually carries a

negative stigma, gaming can actually help children in many ways including learning, brain efficiency, social skills, problem-solving, and emotional development. "This event offers a platform for

children to enhance their cognitive abilities, social skills, and problemsolving proficiency," said Recreation Program Coordinator Sonya Martinez. "We believe that Esports has numerous benefits, and we are excited to share this experience with the community and express our gratitude to the dedicated police officers."

Overall, about ten kids paid a visit to Parks and Rec to challenge the officers in various games with all officers in attendance. The Ak-Chin Police Department believe in connecting with the community, in ways outside

the line of duty. A majority of the time, we meet these officers during the worst part of the day, so it is important for the community to spend time with and get to know our first responders in a positive atmosphere.

"It gives the officers a chance to connect with the community in a different light," said Ak-Chin Police Sergeant Davis Garcia. "Allowing



Ak-Chin Police Officers play Super Smash Bros. during Esports with

than what most are unfortunately use to. It also helps the community see the officers as people too, liking the gaming aspect & having fun with them."

them to interact in a different way

The Ak-Chin PD hope to hosts more events like this more frequently, and look forward to more activities similar to this one in the future.



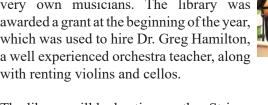
Story and photos by Ashley Vincent

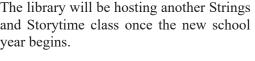


Dr. Hamilton with musician students during the Strings and Storytime event.

A Strings and Storytime concert was held at the Ak-Chin Library on May 22nd, 2024.

The concert featured a group of Ak-Chin's











well as chips, drinks, and

students

were

the

attended

Ak-Chin Police Department hosted their annual end of school year luau on May 31st, 2024 at the Ak-Chin Recreation department. This year was a good turn out as attendees enjoyed freshly grilled hamburgers and hot dogs made by the police and

snacks. All

automatically entered into a raffle held by the PD where they were able to win goodies such as LED lights, floaties, and gift cards to McDonalds. Along with the food and

raffle, students and their families were able to cool off in the pool and enjoy the featured movie, Lilo & Stitch.

Before the sun went down and the movie began, there was a friendly wall to wall race in the pool between the PD & the Recreation lifeguards.



as Recreation took the win last year. During the luau, the PD also picked winning tickets for this year's Special Olympics Arizona raffle. The grand prizes varied

from a paid jumping castle rental from Ak-Chin's very own Babas' Bouncers & Jumpers LLC., a private movie theater rental for the lucky winner and 24 other guests, and a onenight stay package for two at Harrah's Ak-Chin

Casino.





Have you ever taken a selfie and looked at it and said, "Yeah, I'm Awesome!"

Be honest... Most of us have had at least one really good one. If you have never taken a selfie, then I recommend that hit of self-love at least once, if possible. A little more love in this world is much needed, right

If you watch the news, especially in an election year, on any channel you will see a lot of attention is being paid to who gets "rights", who gets "privileges", and who gets "heard". This article is absolutely not about any of that. I am not writing about politics, or religion, or even about fighting the system (not today anyway.)

As is the pattern with me, I am writing about family. When I was brought to the community, one of the main missions I was given was to help heal families and protect children. I had been teaching parenting at that point for several years. I had studied and been trained on ways to help families heal, I had witnessed in my own family that children require love and safety. The main goal is to find

ways to let your loved ones know that you love them, you want to support them, and help them to be healthy and happy. It seems simple, on paper, but not as simple in real life. It starts with showing up

for them, celebrating

that they are part of the family, and Family Is Love.

In my work, I have heard many stories about the angry child, the sad child, and the anxious child, the child that is hurting themselves... The thing most have in common is not feeling like they are good enough, feeling rejected and unworthy of love. We tend to think of the outside world as the problem, since there is such a focus on bullying, social media, and stranger violence and those are the stories we are continuously fed.

All those issues are real for young people (and for adults in many ways.) However, it is the acceptance by their loved ones that has the most positive impact on youth. It is also the rejection from the people most important to them that can have the most damaging effects.

Research now shows that... rejection from family contributes to serious health like suicidal behavior, depression, substance use, and sexually transmitted infections, including HIV. (https:// familyproject.sfsu.edu/)

It is no longer that not liking who your child is can just damage your relationship, the truth is that rejecting your child increases the likelihood they will have poor health and make bad decisions as a young adult.

Good news is, the

opposite has also been

Health and Human Services proven to be true, "accepting behaviors" protect young people from risk and increase their health out-comes. Youth who have the basic needs of love and safety met, have increased selfconfidence and a better ability to manage stress other negative emotions. They are less likely to cope in harmful ways (like with drugs and alcohol), less likely to self-harm, run away,

Submitted by Ak-Chin

This is a much larger issue with LGBTQ-2S youth (Lesbian, Gay, Bi-Sexual, Transexual, 2-Spirit) Questioning, Gender-Alternative or With these youth. different considerations, often the questions of approval, religion, personal comfort become a barrier for family members when it comes to accepting family with differences.

and end up homeless or

transient.

Without enough information about things that are new or different from what you know, it can be a hard path to travel. Ultimately though, the goal is still the same. The people you love need to know that you are there to support them, love them, and want their good health and happiness. Showing up for them, for yourself, and making sure that Family Is Love is the first step.

I hope you will take some steps with us this June for Pride Month. Ak-Chin Health and Human Services Department will be hosting the 2nd Annual Pride Celebration. This year we will be taking a walk, (maybe do a little dancing...) In a Love Train on June 20, 2024. Look for more details to come, or feel free to contact Ak-Chin Health and Human Services at 520-568-1092.

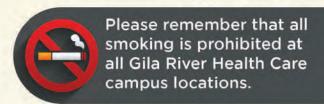












GRHC.ORG



TUESDAY JUNE 18, 2024 10 am - 2 pm

District 7 Multipurpose Building 8035 S. 83rd Ave. Laveen, AZ 85339

FREE HEALTH SCREENINGS AND DEMONSTRATIONS:

- Optometry
- Dental
- Life Center
- Blood Pressure
- · Diabetes Risk
- Women's Health
- Vaccines
- Nutritional Education
- Pediatrics
- AIC testing
- · Foot Health Awareness
- Dry Needling Demo
- Cooking Demo
- Health Insurance
 Assistance

An Effort to Raise Health and Wellness

For more information, please contact District 7 Recreation at (520) 430-4780.



LIFE CENTER
DIABETES, ENDOCRINOLOGY & WELLNESS

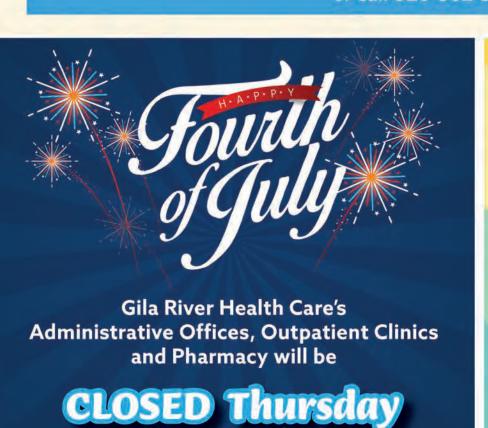
As the hot Arizona summer is fast approaching, did you know...
That sugary drinks can cause Diabetes?



RESEARCH HAS ALSO SHOWN THAT DRINKING SUGARY DRINKS IS LINKED TO TYPE 2 DIABETES.

The American Diabetes Association recommends avoiding sugar-sweetened beverages and switching to water whenever possible to help prevent type 2 diabetes. Sugary drinks also raise blood glucose (blood sugar) and can provide several hundred calories in just one serving. Just one 12-ounce regular soda has about 150 calories and 40 grams of sugar, a carbohydrate (carb). This is the same as ten teaspoons of sugar. Sugar-sweetened beverages include regular soda, fruit punch, fruit drinks, energy drinks, sports drinks, sweet tea, sweetened coffee drinks, and other sugary drinks. If you're looking for alternatives to sugary drinks, consider electrolyte replacement drinks, flavored water with no or low sugar, or those with zero calories.

For more information, please stop by any of our Life Center locations or call 520-562-3321 Ext. 7940





GILA RIVER HEALTH CARE



Access our monthly calendar scan QR code, or visit: www.GRHC.org/BHS



988 SUICIDE & CRISIS LIFELINE: CALL OR TEXT 988

Ak-Chin PD hosts Special Olympics Fundraiser



hosted by Ak-Chin Police department on May 19.

Story and photo by Jordan Rodriguez

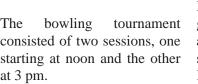
Following the successful May 1 Torch Run, the Ak-Chin Police department decided to raise even more money for the Special Olympics, with their annual bowling tournament.

Sunday May 19, a total of 13 teams of four competed at Ten Pins Down inside the Ak-Chin Circle Entertainment Center.

Proceeds from this tournament went directly to the Special Olympics of Arizona, to help cover expenses for the athletes and to improve the programs they currently offer.

consisted of two sessions, one starting at noon and the other

Teams had a 30-minute warm





2nd Place - Knight Towing

Monday-Friday

Register now!

First day of Preschool

is August 12th,

8:30am-2:00pm

availability and children are

Enrollment is based on

selected in the following

Child is an enrolled

Indian Community

member of the Ak-Chin

Child is a non-enrolled

member, but he/she

is the Legal child of

an enrolled member

Child is living within

the Ak-Chin Indian

Community boundaries.

Child is living outside

of the Ak-Chin Indian

Community boundaries

and is enrolled with

another federally

recognized Native

American Community,

Child of a parent who is

an employee of the Ak-

Chin Indian Community.

Non-member children

Community

of the Ak-Chin Indian

order:

3.

3rd Place - AKC

up period before their schedule session time to find their rhythm.

"The Special Bowling event got off to a slow start, but once we began rolling it was a fun event." said Ak-Chin Police Sergeant Davis Garcia. "Everyone in attendance had a great time as bragging rights were in order for those teams who placed in the top three spots overall."

First, second, and third place finishers all received a trophy worth bragging about. However, first place would go to Splits & Giggles, with a team score of 1,622 points, second place was awarded to Knight Towing (1,601 points), and AKC would take third (1,573 points).





About 25 EPA professionals attended the air quality conference held at Ak-Chin Water Reclamation Facility, May 21-23.

Ak-Chin EPD co-host Air Quality Outreach Conference

Olympics Story and photo by Jordan Rodriguez, with contribution from Ak-Chin EPD

The Ak-Chin Environmental **Programs** Department welcomed about professionals from around the country for an outreach training.

On May 21-23, a national Tribal air quality outreach and educational training co-hosted by the Institute for Tribal Environmental Professionals (ITEP) and the Ak-Chin Environmental Programs.

ITEP was created in 1992 at Northern Arizona University (NAU), to act as a catalyst among tribal governments, technical research, and resources supporting protection of Native American natural resources through its various programs.

This training was held in response to a previous training

high participant demand from the first training, this second one was held.

held in January. Due to the

The objectives of the course was to provide the participants 1) knowledge to assess community needs, concerns, interests regarding air quality; 2) develop an action plan for conducting education and outreach in their community; 3) use the various tools for communicating air quality messages with community their (social media, brochures, modeling activities, flag program); 4) use sensors to increase awareness of impacts to air quality (indoor and outdoor); integrate traditional ecological knowledge with western science to enhance public understanding of air quality issues; 6) identify

potential partners to assist with air quality education and outreach; 7) identify US EPA Air Quality outreach materials for tribal education and outreach efforts specific to each community.

"The purpose of the training was to demonstrate to the participants ways to provide/ show various types of air quality activities demonstrating how air quality effects people and the environment," said Ak-Chin Environmental Programs Manager Roman Orona.

15 tribes from across the region were represented at this training, including Ak-Chin who was represented by Manny Gomez. This training was strictly for Indian communities and their environmental program departments.









offers: 8am-5pm

A High Quality Early Education Experience

Health/Developmental Screenings

Disability Services (Through M.U.S.D.)

Kindergarten Readiness

*Story time (Provided by Ak-Chin Library)

Cultural Activities/ Events (Provided by Language Program/ Cultural Resources)

*Physical/Nutrition Education (Provided by Ak-Chin Health Ed. Program)

Fire Safety Education (Provided by the Ak-Chin Fire Department)

Field Trips/Fun activities throughout year

Health and Safety

Protocols in Place

Pick up a 2024-2025 Enrollment Packet at Ak-Chin Child Development.

Please bring in the following documents to be considered for enrollment Completed Application

Certificate of Degree of Indian Blood (CDIB) if applicable

Child's Certified Birth Certificate

Immunization Record

Student application) Only completed applications with required documents will be

W.R. MEANS WEIGHT ROOM



FOR ANY INQUIRY (520) 568-1740

AK-CHIN PARKS AND RECREATION GYMNASIUM

46753 W FARRELL RD, MARICOPA, AZ 85139

RECREATON@AK-CHIN.NSN.US

based on availability. Transportation provided for children living within the Ak-Chin Community boundaries. Child's Current If you have any questions please contact (returning students only the Preschool at need the current Immunization Record and a completed Returning 48251 W. Farrell Rd. Maricopa, AZ 85139 (520) 568-1700. Ak-ChinChildDevelopment@ accepted. Children registering must ak-chin.nsn.us be three (3) years old prior to September 1st of the current year.





June 7 - 20, 2024

Program Asst, Parks and Rec



Student Advisor, Education



Non-Certified Gaming Agent

Plant Electrician

Plant Electrician & Instrumentation Technician · Police Officer- Certified and

Non-Certified • Youth Council Coordinator (2)

Administrative Support Technician - Events Child and Family Therapist Communications Officer Compensation Analyst Deli Clerk (2)

Detention Officer - Certified and

General Worker (Temp Worker)

Maintenance Technician (4)

• Security Systems Technician

www.ak-chin.nsn.us

JOB OPENINGS

To review the full job description and apply visit www.ak-chin.nsn.us, Job Openings, and apply online. ALL positions close at midnight (12:00 p.m.) on the closing date. GREAT BENEFITS. If you need assistance, please call the Human Resources Dept. at 520-568-1050.



Aiyana Narcia

Jade Rodriguez Detention, Law and Order

Benjamin King

6/13

Samuel Justin

Jeremy Carra



Network Systems Tech, IS



Rebecca Springstroh ECE Program Coordinator, Early Childhood



Central Plant



Kali Wind

6/18

Shanna Narcia

Myles Peters



Happy Birthday to my grandsons Joseph

III, Benjamin, Myles, and Justin

Love, Grandma

Happy Birthday Ashley
Hope your day is AWESOME, just like you!!

From the Funner Runner team













Rachael Reed is Harrah's Ak-Chin Casino's **HERO of the Quarter**

(Maricopa, Ariz.–May 15, 2024) Security Manager Rachael Reed has been selected as the Harrah's Ak-Chin Casino HERO of the Ouarter. The quarterly recognition, hosted by the HERO Committee, celebrates outstanding acts of volunteerism and support by Harrah's Ak-Chin team members.

HERO is Harrah's team member-based volunteer program that enables staff and their families the opportunity to make noteworthy and visible contributions to the community by donating their time, skills, expertise and compassion to dozens of volunteer projects throughout the community.

Each quarter, Harrah's team members as well as community partners are encouraged to nominate Harrah's Ak-Chin employees who deserve special recognition for their outstanding acts of volunteerism and support. The HERO of the Quarter receives HHOP (Helping, 10,000 Total Return Credits, a special name tag, personal parking space for three months, a letter of appreciation and recognition from the general manager, and submission for a corporate award at the end of the year.

"I nominated Rachael because she has been a vibrant supporter of and volunteer with the United Way of Pinal County for years," said United Way of Pinal County Director of Development & Community Engagement Joseph Caruso. "We truly appreciate all that she does for our organization and the community. Her contributions have and will undoubtedly change lives and make a positive difference for those in need. Congratulations on being selected HERO of the Quarter."

In addition to her work with the United Way of Pinal County, Reed volunteers annually at the Stand Down event for Hiring, Honoring our Veterans of Pinal County). She is also a charter member of the Salute Veteran Business Impact where Group, she advocates for veterans and their families. Reed has also volunteered for other HERO projects, including participating Pat's Run for the Pat Tillman Foundation.



Bambi Johnson, Michael Kintner and Barbara Achten congratulate Rachael Reed (2nd from right), HERO of the Quarter.





RANKED #6 BEST COURSE YOU CAN PLAY IN ARIZONA BY GOLFWEEK

20% OFF ARROYO GRILLE **6** SUMMER ROUNDS OF GOLF 6 #miniDunes ROUNDS 6 CHROME TOUR GOLF BALLS **6** BEVERAGES





Proudly owned by the Ak-Chin Indian Community TROOM GOLF

480.367.8949 AKCHINSOUTHERNDUNES.COM



One coupon pe sferable. Offer expires

JUNE 2024

CAESARS REWARDS

SATURDAY



MONDAY

TUESDAY

L GEAR SET

SATURDAY, JUNE 15, 2024

WEDNESDAY

WIN YOUR WHEELS!

WIN YOUR WHEELS!

10X EARNING

THURSDAY

FRIDAY

HAPPY HOUR

WEDNESDAYS | 4PM - IOPM

AGAVE'S **CANTINA NIGHTS**

AGAVE'S

CANTINA NIGHTS



SUNDAY





















TEE UP AT THE AK-CHIN SOUTHERN DUNES GOLF CLUB











WINNING WEDNESDAYS

10X REWARD CREDIT MULTIPLIER WINNING WEDNESDAYS **FOREVER YOUNG**

WINNING WEDNESDAYS

10X REWARD CREDIT MULTIPLIER WINNING WEDNESDAYS FOREVER YOUNG



10X EARNING

LOX EARNING

WIN YOUR



CANTINA NIGHTS

CANTINA NIGHTS

AGAVE'S



CANTINA NIGHTS



22



GIFT CARD SUNDAYS





FOREVER YOUNG



10X EARNING





WIN YOUR WHEELS 30X EARNING WIN YOUR WHEELS GIVEAWAY





SATURDAY, JUNE 29, 2024

Celebrate our 30th year of play with Car Giveaways on the last Saturday of every month in 2024!



Preschool Graduation







Photos by Runner Staff





Submitted Photo

to make this happen and our tribal council has been generous in supporting education in these academic field trips.

We hope that council will approve our next end of the year field trip. We will continue to provide academic field trips for our students in the future.

Students appreciated all of the special memories that they have been able to create by attending these trips.

Our staff wants this for ALL Ak-Chin Students and to help create lifetime memories while achieving their academic goals.

Students were led by dedicated staff and parents as the groups strolled to the entrance but stopped for a picture in front of

Within Universal Studios, students saw their favorite

the Universal Globe.

characters, ranging from The Simpsons to Harry Potter; they even got to have a bite with JAWS.

Our students fought alongside the Autobots, raced with the crew from Fast and Furious, flew a broom around Hogwarts and survived the jaw dropping experience in Jurassic World.

Our students were wellbehaved throughout the entire trip. They followed all the rules that were given to them by the Education Department and Universal Studios.

For many students a trip Universal Studios serves as a beacon to motivate students and encourage them to strive for academic excellence.

We would like to recognize all of our students who worked extremely hard from 5th grade to 8th grade.

For the majority of our students this was the first time going to Universal Studios. Seeing Universal Studios through their eyes made the entire AMAZING trip an EXPERIENCE!

We at Education feel blessed to have had a experience wonderful with our students. Keep up the GREAT WORK

Our goal is to take ALL of our students who have release of information on file with a signed "yes".

We greatly appreciate families, students and community council for allowing us the opportunity to incentivize students with a trip to Universal Studios as well as a \$50 VISA gift card for students to buy a souvenir.

Thank you, **Education Team!**

graduate college of nursing school and how hard it was to finish.

"I earned my Bachelor's

Degree in Science of Nursing, while being a mother of 5. It was definitely one of the hardest things I have ever done in my life.

I couldn't have done it without the kind encouragement support that everyone in my life has provided me."

Consuelo also spoke of the self-motivation she had to get her where she wanted to go and all the

different people she met and connected with along the way.

"Every person you meet will have a role in your life, no matter if it is big or small. Some will help you grow; some will hurt you, and some will inspire you to do better.

At the same time, you are playing some role in other people's lives as well. Treat people with significance and know that paths cross for a reason because, 'We will be known forever by the tracks we leave."

Education Celebration continued from Front

speakers were done, all graduates in attendance were asked to come forward to receive gifts on behalf of the Education department.

Savannah Boyd, Ak-Chin Student Advisor and Lenny Dempsey, Ak-Chin GED Instructor were on hand to thank and recognize all the students, along with Ak-Chin Chairman Robert Miguel and Nicole.

The Ak-Chin Runner was also set up in the back of the Elements Center to take pics of the grads and

Child Development program who graduated sixteen preschoolers that will all soon be going to the big school for kindergarten.

Let's not forget, we also need to congratulate all those who supported these young students along the way; their parents and families, all teachers and staff their respective schools and the staff at Ak-Chin Education; tutors, advisors, early childhood teachers, aids and the Ak-Chin

Class of 2024 continued from Front

Language program.

It's always good to see so many of our students moving forward; it brings hope and inspiration to our community that our future will always have a brighter tomorrow.

Congratulations to our Post-Secondary Graduates



Consuelo Alvarez, Arizona College of Nursing Angel Antone, Pima Medical Institute Sonya Bencivenga, Arizona State University Jose Miguel, Jr., Navajo Technical University Eliza Santiago, Central Arizona College Xendryk Silas-Antone, Pima Medical Institute Stephanie Valdez, Grand Canyon University

Maricopa High School Mylauni Antone Haedin De Paola Alexa Norris Nicolas Olivas Araya Pena **Emily Peters** Taylor Santiago Snyder White, Jr.

Out of District High School Aiden Antone, Primavera Online Delayna Antone, Coolidge Alternative Angelo Luz,

Elevated High School



David Manuel, Jr., Maricopa Virtual Academy Alandra Rivera, Sequoia Pathway Academy Jadon Valenzuela, Marcos De Niza High School

Terrific!! Outstanding!!!

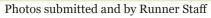








May to Go!



4b>&&&&&&&&&&&&&



Kindergarten Graduation 📜



























5th Grade Promotion

































Congratulations Dante, You make me very proud every day, we did it and you and I will do it again for High School.

Congratulations Buddy (Adrian Pico) I am so very proud of you and all your hard work to finish your year off strong. Keep up the hard work and always strive to be a better you. I am excited to see you grow throughout your years to come in high school. I will always be your

#1 fan. I love you. Love, Mom.



Congratulations Marley, **Marley Contreras** promoted to 6th grade from Saddleback Elementary. She has been at Saddleback since kindergarten!

Angel Madeline Antone 2024 Graduate of Pima Medical Institute **Medical Assistant** Job offered at Gila River Healthcare Congratulations on your new chapter in life. Love Mom and the Family



CONGRATULATIONS **BUTTERS!!!** We just want to let you know how very proud of you we are. You have been through things in your young life that not very many

people have. We've enjoyed watching you grow into the gentle young man you are. There's nothing you can't accomplish; we will be behind you every step of the way. We LOVE you, Dad & Mom



Shout Outs to Mateo and Antonio Rodriguez

Mateo Rodriguez 7th Grade, Maricopa **Legacy Traditional School**

Mateo was an artist selected to represent the 7th grade class for Maricopa and his artwork titled "Hombre Corriendo" was featured in the

Legacy Traditional Regional Art Show. Mateo is an abstract artist who also has another piece featured at the Ak-Chin Him-Dak Museum.

Antonio Rodriguez 9th Grade, Maricopa High School

Antonio Rodriguez, newly elected Vice President of Leadership for the Maricopa High School DECA program, was awarded the Entrepreneur of the Year award at DECA's end of year banquet.

He has had great success with his cake pop business, Hard Rock Cafe, which continues to be a hit at Maricopa High School Market Days. He has also made appearances selling at Ak-Chin community events and is now getting requests for personal orders.

Submitted by Jenna Boehm

With the success of his new business, he has grown to include a new Hard Rock Bakery logo as well, courtesy of local artist and Warrior's softball team frontman, Waylon Antone.

Antonio hopes to experiment more with new flavors and next year expand on bakery items beyond cake pops.

