

Maricopa, Arizona

Volume XXXIII, Issue 19

### **Third annual Super Hero 5k soars** at Ak-Chin Story and photos by C. Picciuolo



Super Hero 5k participants jump ahead out of the gate to begin the course around the Community.

Ak-Chin Indian Community was up, up, and away early on the morning of Saturday, September 21 to take part in the third annual Super Hero 5k put on by the Ak-Chin Health Education department.

The event had a marvelous turnout of 140 participants, all of whom checked in at the Ak-Chin Service Center at 7 a.m. and ate a hearty breakfast. T-shirts were given out, runners were given their numbers and everyone began lining up at the starting point near the Elderly Center.

Shortly after 7:30 a.m., runners were off to the races as participants of all ages Rd. to a second water station chip system happened just donned their super hero costumes and dashed the 5k, which is roughly 3.1 miles long. Super heroes ran the course, which went behind the Elderly Center, past the Service Center, crossed the bridge and headed east, looping west around the pecan trees.

From there, runners went Sanitation behind the department and out to Santos St. at the first water station and crossed Farrell Rd. at the 27:00. crosswalk, heading east.

Next, the course continued around the Him-Dak Eco Museum from N. Carlyle difficulties with the timing

before heading south down Peters Ave. and Church Rd., crossing at the Farrell Rd. crosswalk.

The final leg of the run had runners head behind and around the Service Center, passing a third water station before heading to the finish line where it all started. The overall top three finishers were Ruben Zepeda, Sr. at 26:04. Sarah Zabawa at 26:32, and Erwin Thomas at

Fitness instructor Dwayne Yazzie tried his best to record times after technical

before the race. The Health Education staff sends their apologies to those participants who wanted to be timed.

After the race was over, the Community gathered back at the Service Center to turn in their times and replenish with some good eats, water and coffee while awaiting winners of the raffles and race.

Medals were given to the top runners in each category. The winners in order of first to third were:

5k continued to page 11

## Chairman **Miguel attends Tribal Leaders Roundtable on Energy in DC**

October 4 - 17 , 2019

Submitted by Chairman Robert Miguel



Ak-Chin Chairman Robert Miguel meets U.S. Vice President Mike Pence, photo taken inside the Eisenhower Executive Office, next to the White House.

Ak-Chin Chairman Robert private industry, utilities, Miguel and twenty-four and academia - to build other Tribal Leaders from throughout the United States were invited to attend the Tribal Leaders Roundtable on Energy In Indian County on Wednesday, September 25th, in Washington, D.C.

The high-level Roundtable focused on energy policy, networks, exchange ideas, and explore costcutting. cost-effective solutions to national energy interests and or combined energy development and infrastructure challenges.

During the middle of the Tribal Leader Roundtable convened by senior members on Energy in Indian Country meeting, Vice President Mike Pence took time out of his busy schedule to stop by and meet with Tribal Vice-President Leaders. Pence extended a welcome from President Donald Trump who unfortunately was unable to attend the meeting. VP Pence stated that President Trump is a champion for Indian Country and will continue to work with all tribes moving forward. He also made a comment on the White House's commitment of working with Native American tribes on energy which has become a key Development Economic factor.

### NARD 2019 "Celebrating O'odham Language"

Story and photos by R. Peters



Keli Akimel Hua Modk Cudkdam Dancers lead everyone in a Social Dance at this year's NARD celebration.

The day was perfect! Perfect for the brisk morning walk, strong comraderie and great line up of entertainment that awaited all who attended Ak-Chin Him-Dak's 2019 Native American Recognition Day, "Si Has E'lid Eg O'odham Neo'ok" (Celebrating O'odham Language).

Held on Saturday, September 28 the event kicked off with a fun run/walk from the old fire department on the corner of Maricopa Hwy. and Farrell Rd. down to Milton "Paul" Memorial Park. Antone 200 participants Almost made their way to the park, some running, some walking

and many toting along small ones for the fun and exercise.

Once there everyone was treated to some yummy and healthy breakfast items before finding a place along the center of the park to enjoy the celebration agenda.

On hand, was Chairman Robert Miguel who MC'd the event, welcoming everyone to the event and providing entertainment before and in between the dancers and musicians.

Waylon Antone, Art Program Coordinator opened the event with comments and

then recognized the top three runners from the fun run/walk, followed by the first performance of the day, Southern Hopi Sinom Dance Group. Led by the Bahyesva and Kinsley families, who ranged in age from 2 years old to 60+years, they danced and sang songs that related to the fertility of the land, asking for rain and harmony in the world.

The Wak Tab Traditional Dancers from San Xavier provided many traditional basket style dance and song. It was especially nice to see one of the performers who has ties to the community,

Wynona Peters, daughter of David Peters, Sr. and granddaughter to Evelina Lopez led the group as they danced and invited the crowd out for a social dance.

Keli Akimel Hua Modk Cudkdam from Gila River provided more traditional dance and song. They too had a nice range of ages amongst them. During their social dance a familiar face was also spotted in the line, as Pamela "Hutch" Vincent was asked to dance, to which she happily obliged.

The final performance of the day was also a form of

the Administration supporting the United States Vice President. The event was held in conjunction with the 2019 National Tribal Energy Summit, Tribal Energy: Powering Self-Determination, which took place September 24-26 at the Westin City Center in Washington D.C.

Sponsored by the United States Department of Energy (DOE) Office of Indian Energy in collaboration with the National Conference Legislatures, of State the 2019 NTES brought Tribal Leaders together with the administration, representatives from federal agencies, state governments,

traditional music, but with

instruments, as Ak-Chin's

newest and youngest band

took to the makeshift stage.

The band is a mixture of

band members from both Ak-

Chin and Gila River and they

have been playing chicken-

scratch tunes for over a year,

receiving numerous requests

There was also an area

reserved for Maggie Kearns,

John Reno, Rikki Francisco

They were all on hand to

demonstrate their Native

artistry of basketmaking, rug

weaving, jewelry and pottery.

and Penrose Fulwilder.

for local gigs.

Chairman continued to page 7

In addition to performances, there was an array of vendors for just about anything you were in the mood for, as well as information booths.

Arts and crafts vendors offered homemade crafts, like intricate beaded jewelry, breath taking paintings, custom leather goods and beautiful crochet items. Food vendors varied from breakfast burritos, popovers with all the fixings, carne asada nachos, root beer floats, Vienna dog combos and sweet goodies from the Ak-Chin elder booth.

N.A.R.D. continued to page 3

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October 4 - 17, 2019

## **Elder Chair Volleyball Tourney at Ak-Chin**

Story and photos by Runner staff



Mighty Turtles playing hard on their home court during the Ak-Chin Elder Chair Volleyball Tournament.



Above: First place winners S-hehe Gik O'odham.

Below: Second place winners Rebels 2.

Bottom right: Third place winners Gu Achi Angels.





Ak-Chin teams Hu'hu'jud and the Mighty Turtles battled throughout the bracket play. Team 55x did not compete this time.

Gu

Next up is Employee Achi Angels Chair Volleyball and Rebels 2 fought coming in November,

excellent refereeing.

rules

championship game.

Rebels 2 came out on

match for S-hehe Gik

O'odham, who are

the champions of the

Community

many

about

and

tournament.

compliments

The received

their



### **Education presents to Elders on IEP and 504 referrals** Story by Runner staff and photo by L. Peters

On September 26, 2019, and what types of services Ak-Chin Education Director are provided for students Mario Molina.

along that may be identified within



## **Dust storm covers Ak-Chin**

Story and photos by C. Picciuolo



On September 23, 2019, Runner staff noticed a dust storm approaching from the north in Maricopa. The above photo shows the dust mixing with the blue sky around 2:30 p.m. on the north side of the Runner building.



Above: a view of the storm in full swing heading south at the intersection of 347 and Farrell Rd. Visibility was very low as cars came to a slow pace. The storm passed within about a half hour and left dirt and debris all over the ground, vehicles and windows.

Friday October 4 Menudo, sucotash, rolls, fresh mixed fruit

**(MENU** 

Monday October 7 Stuffed green bell peppers, mixed vegetables, brown rice, pineapples

**Tuesday October 8** 15 bean soup, roasted butternut squash w/red bell peppers, spring salad, moon bread, Jell-O, peaches

Wednesday October 9 Salad bar, potato soup, wheat crackers, pears

Friday October 11 Breakfast buffet, scrambled eggs, potato, sausage, bacon, biscuit, gravy, fresh fruit, spinach w/mushroom

Monday October 14 Cabbage stew, carrots, peas, yams, biscuits, pumpkin muffins, oranges

**Tuesday October 15** Turkey mushroom, stuffed acorn, wild rice, spring salad, beets, watermelon

Wednesday October 16 Grilled chicken sandwich,

Education Advisor Yolanda Miranda provided information for community elders at the Ak-Chin Elder Center; the focus of the information targeted understanding the Special Education and 504 processes.

Mario and Yolanda helped elders learn about the differences between both processes that included the requirements for each process, how students can be identified for school services

each program.

"While both processes are governed by Federal Law, Special Education is governed by the Individual with Disabilities Education Act and the 504 programming is governed by the Office of Civil Rights." Molina shared.

The information session was the first of several sessions that will be provided to the Elders to help inform and engage them in their young student's academic career.

Ak-Chin education director Mario Molina talks with Elders on September 26 about the Special Education and 504 processes at the Elder Center.

Everyone who attended the class and/or are enrolled in the Caregivers program received PWNA incentives,

notebooks, such as, envelopes, 3 ring binders, Highlighters and erasers.

**Thursday October 10** Chicken enchiladas, spanish rice, black beans, corn, green lettuce/tomato, berries w/vanilla yogurt

"These incentives help Grandparents raising Grandchildren who would otherwise not be able to purchase these items or struggle to provide them with their fixed incomes. Many times, Grandparents

beats, broccoli, potato wedges, nectarines

**Thursday October 17** Sandwich bar, pear salad, 3 bean salad, plums, baked apples

choose to go without needed items for themselves, such as food or medication, so that they can provide for their grandchildren." Shared Candace Allcott, Ak-Chin Elderly Care Supervisor.

ELDER CARE RESOURCE FAIR



### **ELDERS AND** CAREGIVERS **RESOURCE FAIR**

**Resources and Services for Elders and their Caregivers.** 

October 18, 2019

11:00 a.m. to 2:00 p.m.

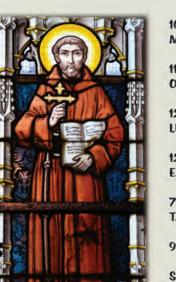
**Ak-Chin Elders Center 48141 West Farrell Road** Maricopa, AZ

#### ELDERS PLEASE PICK UP YOUR CHECKS AT THE RESOURCE FAIR!

Learn about Medicare, Transportation Health and Wellness.

Free: Raffle prizes, Lunch (Catered By Dickey's BBQ)

Get your Flu Shot! Bring your current Medicare Card.



10:00 a.m. MASS

ST. FRANCIS OF ASSISI FEAST DAY

Saturday, October 19, 2019 Ak-Chin Indian Community

> 11:00 a.m. **Opening Procession**

12:00 p.m. to 2:00 p.m. LUNCH

12:00 p.m. to 5:00 p.m. ENTERTAINMENT

7:00 p.m. to 11:00 p.m. T.O. P'APKOKO'OLA DANCERS

9:00 p.m.

SAN JUAN CHILDREN DANCE GROUP

6:00 p.m. to 12:00 a.m. DANCE

FOOD/ARTS & CRAFTS VENDORS WELCOME \$25.00 SPACE - TO RESERVE A SPACE CONTACT MARILYN THOMAS (520)-568-1026 2019 Breast Cancer Awareness Event & Pink Run

> Ak-Chin Service Center **October 19th, 2019** 7:00 AM - 10:00 AM

- Join us for breakfast after PINK RUN!
- **Come dressed in PINK** from head to toe and show your support

**Event Open to Ak-Chin** Members, Residents, **Ak-Chin Employees &** their families

### **Be Active! PINK RUN**

PINK RUN @ 8:00 AM



Listen to Ak-Chin

For more information please contact Health Education at (520) 568–1080 or mguy@ak-chin.nsn.us

**TAKE ACTION** 

Check In @ 7:00 AM

### **BE INSPIRED**

**Community Member Breast Cancer Survivor** 

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Newspaper of the Ak-Chin Indian Community ©2019

16600 N. Maricopa Highway Maricopa, Arizona 85139

#### **OFFICE HOURS**

8:00 A.M. - 5:00 P.M. MONDAY - FRIDAY PHONE: 520•568•1375 FAX: 520•568•1376 E-MAIL: runnernews@ak-chin.nsn.us

#### Ak-Chin O'odham Runner Staff

**Editor: Raychel Peters** Photojournalists: Justine Peters and Chris Picciuolo Graphic Artists: Diana Carlyle News Assistant: Charlene Pane

#### **Ak-Chin Community Council**

Chairman: Robert Miguel Vice Chairman: Gabriel Lopez Council Members: Delia Carlyle, Lisa Garcia and Octavio Machado

#### **Regular Contributors:**

Ak-Chin: Cultural Resources, Education, EPD, Health Education, Him-Dak, Library, Health & Human Services, Recreation & MUSD.

The Ak-Chin O'odham Runner is published on the first and third Friday of each month.

The "Runner" is delivered to all residents and departments of the Ak-Chin Indian Community, as well as surrounding community businesses, interested groups and subscribers.

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> The Ak-Chin O'odham Runner 16600 N. Maricopa Highway Maricopa, Arizona 85139

#### **ANNOUNCEMENTS**

Announcements and wishes may be phoned in, faxed or e-mailed.

#### **ARTWORK, LETTERS, STORIES**

The Ak-Chin O'odham Runner is a Community Newspaper and encourages Community involvement.

If you have artwork, photos, poems or a great story that you would like to share, please contact us so we can include it in "YOUR" newspaper.

Also, if you have suggestions or comments about "YOUR" newspaper, let the Runner Staff know that too.

#### NARD continued from Front

For the inquisitive, information Health Education Injury Prevention, was readily available on a number of community departments and enterprises; Prosecutor's Office,









NARD Pics, clockwise: Run winners Tea Bodie and Shaun Bodie. HDS Associate Stewart Peters' stacking dice. Wak Tab Traditional Dancers. Demonstrators area. Ak-Chin Mumsigo Band. Two young vaila dancers. Melanie Antone serves it up.



#### October 4 - 17, 2019

Harrah's HDS, UltraStar and Southern Dunes, as well as Tohono O'odham Community College.





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## JUSTUS BENALLY LIFE AND ART

Photos submitted by Him-Dak Art Program



Artist Justus Benally shows his work to community members.

Artist Justus Benally shared his love Mexico, and earned his Bachelor's of art and his heritage.

The evening of September 26th, American Indian Arts in New degree in Fine Arts in 2017.

All submitted letters MUST be signed by the author and are limited to 200 words. Authors must also include their name, address, and phone number. Names can be omitted by request. Anonymous submissions will not be accepted.

We reserve the right to edit all submitted material for clarity, grammar and good taste. All submissions should be received as typed or non-cursive writing. Please do not submit UPPERCASE or formatted paragraphs.

Submitted pictures need to have a return address and brief description. Pictures with no address will remain on file. Allow 2 weeks for return.

#### **SUBSCRIPTION RATE**

2019 Subscription rate is \$33.75. If you would like to receive the "Runner" by mail, please send a \$33.75 check/money order to:

> Ak-Chin O'odham Runner 16600 N. Maricopa Highway Maricopa, Arizona 85139

Make check/money order payable to: Ak-Chin Indian Community

#### DEADLINE

Don't forget the DEADLINE for the October 4 - 17, 2019 issue is due by OCTOBER 11, 2019

Please submit all announcements, wishes, etc. no later than FRIDAY, OCTOBER 11, 2019

Any material submitted after the **OCTOBER 11 DEADLINE** 

Cannot be guaranteed placement. But, if appropriate and relevant, Will be included in the following issue.

## **October is Domestic Violence Awareness Month**

Join us for the 3rd Domestic **Violence Awareness Walk** 

### Wednesday October 16th at 6:00pm on the Ak-Chin **Circle Field**

Brought to you by Ak-Chin Indian Community Health and Human Services



#### ALL AGES 1K FUN RUN/WALK

EVENT SHIRT AND DINNER PROVIDED SWAG BAGS FOR FIRST 100 PARTICIPAN' PRIZES FOR TOP 5 POKER HANDS



**Please contact Health** and Human Services with any questions 520-568-1090

Mr. Benally is a young Native American artist hailing from the San Carlos Apache Tribe of Arizona. Some of his inspirations for his work come from the desert scapes of his childhood and from observing Apache ceremonies throughout his life.

He studied at the Institute of

Justus' work has been showcased in various galleries and he continues to thrive in his medias, creating more native inspired artwork to enjoy.

Many may remember Justus from school as he attended Maricopa with community members, was part of Amerind and also spent time in Ak-Chin during his youth.





### Ak-Chín O'odham Runner



CREATIVE LEARNING

October 4 - 17, 2019



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Doug Wolfley has a laugh with the kids at the gym.

Co-host of the Doug & Wolf show on Arizona Sports 98.7 FM and color analyst of the Arizona Cardinals Ron Wolfley stopped by the Ak-Chin Rec gym on Tuesday, October 1 to give a pep talk to the kids of the Community.

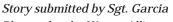
Wolfley and the group had a few laughs and enjoyed a question and answer session with one another. "I try to get out as often as I can to encourage them (the kids) to make good decisions in their life," said Wolfley. "I feel like with everything God has blessed me in my life, I want to give back as much as I possibly can, and that's one of the reasons why I'm here today."





The kids in the Community are visited by the Arizona Cardinals Cheerleaders as a part of the Fall Program on Tuesday, October 1, 2019. Ron Wolfley visited earlier.

*Ak-Chin Police Department thanks Community for LETR Support* 







#### Photo taken by Wayne Allison

On September 25th, representatives of Ak-Chin Police department, Sgt. Garcia and Evidence Tech Michelle Granados, had the privilege of attending this year's LETR (Law Enforcement Torch Run) Appreciation and Awards Luncheon.

The luncheon was held at Ravens Golf Club in Phoenix, Arizona. Although specific agencies were recognized for their specific totals, overall, all statewide agencies raised a total of \$1.3 million in 2018.

With your support Special Olympics has helped transform the lives of those with intellectual disabilities through the joy of sport, empowering athletes to



shatter stereotypes and exceed their personal bests on the playing field and in life.

We would also like to give a special thank you to the Staff

of UltraStar for enabling the Ak-Chin Police Department to use their facilities in the support of Special Olympics of Arizona.

#### Everything we stand for is written all over our faces

How can we help?



### **Maricopa Ace Hardware**

21542 N John Wayne Pkwy. Maricopa, AZ 85139 (520) 494-7805

Order online for In-Store Pick UP at maricopaace.com Store Hours: Monday - Saturday 7 a.m. - 7 p.m.

Sunday - 8 a.m. - 6 p.m.

"Free Delivery for Ace Rewards Members"

## Ak-Chin Higher Education Scholarship Program DEADLINES



#### **Application Requirements**

- Be an enrolled Ak-Chin Indian Community member
- Must have a high school diploma or GED
- Be accepted to higher education institution

<u>Contact Information</u> Pamela Velasquez 520.568.1291 PVelasquez@ak-chin.nsn.us

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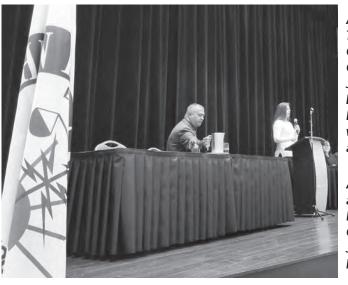
October 4 - 17, 2019

## National Tribal Gaming Commissioners and Regulators Conference at Harrah's

Photos submitted



Tribal Gaming Commissioners and staff from all over came together for the 2019 Fall Conference. This year's conference was held at Harrah's Ak-Chin Casino Event Center. Three days of packed learning opportunities with over 30 workshops were offered. The NTGCR promotes relationships among commissioners and regulators in the tribal gaming enterprises and other organizations.



Ak-Chin Tribal Gaming Commission Chairwoman Jennifer Boehm-King gave a welcoming to attendees.

Also pictured at left is NTGCR Chairman Jamie Hummingbird.

## Education Department hosts After School Enrichment Program

Photo and Story by C. Picciuolo On September 20, 2019, the Ak-Chin Education Department provided an after-school enrichment reception open house for families in the Community. The event was created as a way for parents to come and see the program and meet their child's tutors.

When families first arrived, they signed in, received raffle tickets and were treated to a sandwich spread and snacks before gathering in the Library Multi-Use Room for an introduction. Out of district counselor Yolanda Miranda, M. Ed and after-school coordinator Matthew Tess kicked off the evening with a presentation of the open house and staff. Other staff present were Dr. Mario Molina, Tera Torres, Diana Velazquez, Kevin Williamson and Judy Curry; and as a team they shared many roles in accommodating families throughout the night.

The first raffle was awarded and then the families went in groups to see the two classrooms with computers. Tutors explained to the parents the ins and outs of how the students receive assistance and answered questions about homework. Also discussed were transportation dropoffs, computer lab rules, supplies, weekly assignments and student logins. After the tour, parents and students came back to the Multi-



Ak-Chin Education Department lab tutor Kevin Williamson addresses the families of students during the enrichment tour.

Use Room and were free to ask more questions.

Council Member Lisa Garcia joined the tutors and addressed the families about the importance of involvement in the children's schooling. The final raffle winner was announced. Esther Antone won both raffles and everyone in the room had a laugh, including Esther.

Online advisor and after-school coordinator Matthew Tess was happy to see a lot of support "Our from parents. goal was to main meet the families, discuss the program and give families the opportunity to see the facilities; it was

suggested by the tutors because they would like to get to know the parents as well as the students," he said.

This was the first event of its kind and was successful, with 15 families attending, for a total of 60 Community members.



## **OCTOBER COMMUNITY CALENDAR**

#### OCTOBER 2019

MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5
7	8	9	10	11	12
14	15	16	17	18	19
21	22	23	24	25	26
28	29	30	31		
	7 14 21	1 7 8 14 15 21 22	1 2 7 8 9 14 15 16 21 22 23	1 2 3 7 8 9 10 14 15 16 17	MON TUE WED THU FRI   1 2 3 4   7 8 9 10 11   14 15 16 17 18   21 22 23 24 25   28 29 30 31 1

<u>UPCOMING EVENTS</u> Community Gathering Held at the Service Center, 6- 9PM Community Meeting Held at Ak-Chin Service Center, 6-8PM



October 7TH – October 11TH Leading Edge Academy – Fall Break

GED Instructional Hours: Monday-Friday 10am to 12pm Mon, Tues, Thurs, Fri 2pm to 5pm Wednesdays 4:30pm to 6:30pm OCTOBER 23RD Education Presentation Advisement Program 12:15 PM

#### HEALTH EDUCATION



12:15 —12:45pm Strength Training Circuit: Increase Lean Muscle & Muscle Strengthening 7:00 —8:00pm Zumba: Full Body Aerobic Dancing & Resistance Training OCTOBER 9TH KRAFTZ Diamond Painting 12:00pm-4:00pm Family Spooky Tales 6:00pm-8:00pm RSVP Required

OCTOBER 12TH Soldering Party 12:00pm – 3:00 pm Japan Pop 12:00pm-2:00pm

> OCTOBER 15TH Preschool Storytime

OCTOBER 7TH Fall Break Open Gym

OCTOBER 8TH Fall Break Youth Volleyball League WK 2

OCTOBER 9TH Fall Break Movies Ultra Star Youth Dodgeball Tournament Elder Chair Volleyball 6pm to 8pm

ELDER CENTER INFORMATION

Elder Center-520-568-1760 Center Hours Monday-Friday 8 AM to 5 PM Breakfast 7:30 AM to 9 AM Lunch 12 noon

Transportation-520-568-1760 or 520-568-1769 Please Call Before 4 PM

Eggs Delivered every Tuesday. Eggs pick up Wed-Fri 8 AM-3 PM After Hours 520-858-5043

Elder Shopping and Errands are provided every Monday and Friday at 1 PM If you need transportation for Shopping and Errands on any Other day, please call Transit Department. 520-568-1630

<u>LIBRARY INFORMATION</u> \*Needs to be signed up to be in program. Call 520-568-1675 for more information. Elder Coloring-Takes place at the Elder Center Japan Pop – Transportation to and from library is required. You must be 10 years or older to participate. Baby Time! – every Wednesday, 10:30-11:00am. Children 0-5 ONLY. OVERDRIVE TRUCK – No signup required, Children under 8 yrs must be accompanied by an adult.

<u>LIBRARY HOURS</u> Monday – Friday – 8AM-6PM Saturday-12PM-4PM Sunday-Closed

<u>RECREATION INFORMATION</u> For more information on Rec Center events please call the Rec Center @ 520-568-1740

\*\*Calendar Subject to Change\*\*

<u>AK-CHIN HEALTH EDUCATION</u> <u>FITNESS CLASSES</u> For community members, residents and employees. All Fitness Classes held at Service Center Call (520) 568-1080 with Questions

#### ELDER CENTER



OCTOBER 4TH Crafts w/The Library Elder Shopping & Errands 1 PM

OCTOBER 7TH Elder Shopping & Errands 1 PM

OCTOBER 9TH AARP Az Music & Memory Workshop Phoenix Leaving @ 9:30 AM

OCTOBER 10TH Field Trip Arizona State Fair Leaving @ 10 AM Returning Afternoon

OCTOBER 11TH Elder Shopping & Errands 1 PM

OCTOBER 14TH Elder Shopping & Errands 1 PM

> OCTOBER 17TH Movie Day

OCTOBER 18TH Crafts w/The Library MIPAA Fair - Elder Center 9 AM to 12 noon Elder Check Day

OCTOBER 21ST Elder Shopping & Errands 1 PM

> OCTOBER 22ND Goodwill Shopping Leaving @ 9 AM

Wednesday 12:15 —12:45pm Core & Cardio Blast: Midsection Focus, Integrated Total Body Cardio 5:30 —6:00pm Beginner Power Blast Training: Light Weight of Explosive Fast Movements

Thursday 12:15 —12:45pm Total Body Circuit Supersets: Pair of Exercises, One After The Other 7:00 — 8:00pm Yoga 101: Basic Fundamental Poses and Breathing

#### LIBRARY



OCTOBER 4TH Library closing at 5:00pm MARS FAMILY SCIENCE NIGHT 5:30pm -7:00pm RSVP Required Elder Crafts 11:00am-12:00pm

OCTOBER 5TH Movie Club 9:30am – 4:00pm Library Closed Japan Pop 12:00pm-2:00pm

OCTOBER 8TH Elder Coloring 9:00am-10:00am 11:00am-12:00pm

OCTOBER 16TH KRAFTZ Pumpkin Magazine Craft 12:00pm-4:00pm Baby Time 10:00am-10:45am Game Hacker 4:15pm-5:30pm

> OCTOBER 17TH Preschool Storytime 11:00am-12:00pm

OCTOBER 18TH Elder Crafts 11:00am-12:00pm

OCTOBER 19TH Japan Pop 12:00pm-2:00pm

OCTOBER 21ST Mummy Pillow Making \*Adults Only 11:00am – 3:00pm RSVP Required

OCTOBER 22ND Elder Coloring 9:00am-10:00am Preschool Storytime 11:00am-12:00pm

OCTOBER 23RD KRAFTZ Diamond Painting 12:30pm-4:00pm Game Hacker 4:15pm-5:30pm

#### PARKS & REC



OCTOBER 4TH Fall Break

OCTOBER 5TH Open Gym 11 am to 3pm

OCTOBER 6TH Power Coed Volleyball Tournament OCTOBER 10TH Fall Break Bowling and Laser Tag Ultra Star Youth Volleyball

> OCTOBER 11TH Fall Break

OCTOBER 12 AND 13TH Open Gym 11am to 3pm

OCTOBER 14TH Open Gym 8am to 2pm 4pm to 9pm

OCTOBER 15TH Open Gym 8am to 2pm Youth Volleyball League WK 3

> OCTOBER 16TH Open Gym 8am to 2pm 4pm to 6pm Elder Chair 6pm to 8pm

OCTOBER 17TH Open Gym 8am to 2pm Youth Volleyball 5:30 pm to 8:30pm

OCTOBER 18TH Open Gym 8am to 5pm

OCTOBER 19TH Fear Farm Trip 3pm to 11pm

OCTOBER 20TH Pumpkin Patch Trip 8am to 4pm

> OCTOBER 21ST Open Gym 8am to 2pm 4pm to 9pm

OCTOBER 22ND Open Gym 8am to 2pm Youth Volleyball League WK 4

> OCTOBER 23RD Open Gym 8am to 2pm 4pm to 6pm Elder Chair 6pm to 8pm

## **Hearing Notice Ak-Chin Indian Community** Planning and Zoning

Planning and Zoning Commission will hold a Hearing regarding the following cases at 6:00 p.m. on Tuesday, October 8, 2019, at the Library Multi-Purpose Room.

#### CASE: PS-04-19: Farms Overhead Fiber Project:

Project Applicant/Information Systems Director, Keith Franklin, is requesting Preliminary Site Plan approval to install overhead fiber optics cable to the 40 feet tall Fertilizer Tower in the Farm's Headquarters located at 42507 W. Peters and Nall Road.

The project consists of:

• Hand trenching approximately 8-12 inches deep from a telecommunication box, to the power pole, and the fiber optics line will be hung from power pole to power pole going south to the Fertilizer Tower to help support the Farm's wireless antenna with fiber connectivity.

#### CASE: PS-05-19: Ak-Chin Circle Pedestrian Solar Lighting **Project:**

Project Applicant/ Community Operations Manager, Bart Smith, is requesting Preliminary Site Plan approval to install 18 solar lights along an existing pedestrian path within the Ak-Chin Circle area.

The project consists of:

• The light poles will be installed along Farrell Road between Narcia Street and State Route (SR) 347; and along SR 347 between Farrell Road and Tobi Drive. The light poles will be approximately 110 feet apart and be 15 feet in height.



**AK-CHIN INDIAN COMMUNITY** Capital Projects

#### **AK-CHIN INDIAN COMMUNITY REQUEST FOR PROPOSAL ON DESIGN-BUILD MISC. HOUSING PROJECTS**

The Ak-Chin Indian Community (hereafter called the "Owner") invites all General Contractors to submit proposals on a Design Build Contract. These misc. projects for Design/ Construction consists of the following;

Housing Office Remodel

Chip/Seal and Striping of the Housing Parking Lot Parking Shade Structure over Housing Parking Stalls A 2 Bedroom Addition to a Existing NAHASDA Home Fencing for 7 Existing Lots

These Projects will be constructed with NAHASDA funds and must meet all requirements including, Davis Bacon wages, and certified payroll.

A MANDATORY Pre-Bid Conference is scheduled for 10:00 a.m. (MST) on October 10, 2019 at Ak-Chin Housing Office Conference Room located at 48277 W. Farrell Road, Maricopa, AZ 85139. This meeting is considered mandatory, and in this meeting the project scope will be discussed. If you do not attend this pre-bid meeting your proposal will NOT be accepted.

Deadline for any questions regarding this project will be 2:00 p.m. (MST) on October 16, 2019. Proposal questions should be directed to Flora Howerton at FHowerton@ak-chin.nsn.us. Also, Cc: Project Manager, Judy Purcell at jpurcell@ak-chin. nsn.us.

The Owner will receive Competitive Bid Proposals until 2:00 p.m. (MST) on October 24, 2019 at the Tribal Purchasing Department located at 42507 West Peters & Nall Road Maricopa, Arizona 85138. Proposals received after the specified date and time will be rejected and returned unopened.

This invitation is unrestricted; however, preference will be given to Indian Organizations and Indian Owned Enterprises in accordance to the Community Procurement Procedure. Request for Proposals ("RFP") instruction/information package and related information may be obtained from the Ak-Chin Indian Community Purchasing Office, 42507 West Peters & Nall Road, Maricopa, Arizona 85138, and may be requested by electronic mail at FHowerton@ak-chin.nsn.us.

The Owner reserves the right to reject, any and all bids. However, the Ak-Chin Indian Community at its discretion may postpone said action for such time as the Tribal Council may designate, as the interest of the Community may require.

No bid shall be withdrawn for a period of sixty (60) days subsequent to the opening of Bids without consent of the Owner.

The Selected Contractor shall be responsible for obtaining building permits from Pinal County, ensure that all design meets the requirements of the Community's Planning and Zoning Ordinance, Ak-Chin Fire Department, Utility Entities, Building Codes as well as applicable County, State and Federal Agencies. All design is to be done to MAG, Ak-Chin standards, BIA and IHS standards.



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SR 347 from Interstate 10 (I-10) to Peters and Nall Road is becoming increasingly congested, as it offers the most direct option for commuters traveling between the City of Maricopa and the Phoenix metropolitan area. It also provides critical ingress/egress for the continually expanding Wild Horse Pass development area in the north, serves as the primary business and commercial corridor through the City of Maricopa, and is the primary regional access route to the Ak-Chin Indian Community and its entertainment district in the south

#### You're Invited!

SR 347 Scoping Study **Open House** Tuesday, October 8, 2019 11:00 a.m. to 12:30 p.m.

ø

Ak-Chin Service Center

The Maricopa Association of Governments (MAG) is conducting a scoping study in cooperation with member agencies to allow for timely improvement of the corridor. The primary work product will be a recommended plan to provide a safe and reliable SR 347 corridor that supports forecasted growth. Improvement strategies will be identified to address the following goals:

- Optimize Travel Time
- Improve Pedestrian, Bicycle, and Future Transit Mobility
- Improve Safety Optimize Compatibility with Existing and Future Land
- Adjacent to the Corridor Optimize Environmental Outcomes
- Respect Stakeholder Interests
- Maintain Current Easements

The plan represents the initial step towards future detailed engineering design and environmental studies to allow for construction of a set of recommended improvements in the corridor.

MAG Project Manage Tel: 602-254-6300



#### **AK-CHIN INDIAN COMMUNITY ONE (1) VACANCY FOR THE AK-CHIN HOUSING BOARD**

**OPEN TO AK-CHIN COMMUNITY MEMBERS ONLY.** 

All interested parties who desire to serve on the Board listed above, must send a letter of interest to the Tribal Administration Office.

The Ak-Chin Housing Authority oversees:

- 1. The administration and allocation of the Ak-Chin Community housing and all HUD homes in coordination with the Community Council.
- 2. Is responsible for ensuring that all HUD appropriated funds are expended in compliance with HUD regulations and that HUD guidelines are followed.
- 3. Coordinates and takes direction from the Ak-Chin Community Council of all Community related housing, resident issues, and home care and maintenance. Also assists the Community Council with recommendations of Community funding for community homes.

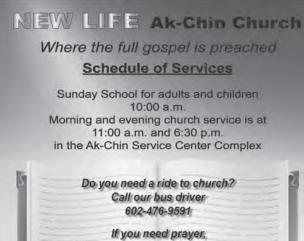
Requirements: Interested individuals who are employed with the community must submit documentation from their supervisors allowing the employee to serve on the board. Must possess a valid Driver's License.

Please send all letters of interest Attn: Ak-Chin Community Council ATTN: Victoria A. Smith 42507 W. Peters & Nall Road Maricopa, AZ 85138



Deadline for letters of Interest is Friday, October 25, 2019, by 5 PM

St. Francis of Assisi Roman Catholic Mission 16657 N. Church St. Maricopa, AZ 85139 **Ak-Chin Indian Community** 



please contact one of the pastors Johnny Stephens 520-705-3052 Carlos Marin 520-560-2679



"Balancing Growth and Protection of the Cultural Resources of the Ak-Chin Indian Community"

> Everyone come and learn your role as a steward of the **Ak-Chin Indian Community Cultural Resources**

> > October 24, 2019 Art Building (Him-Dak) 6:00PM - 8:00PM

For more Information Cultural Resource Program: 520-568-1365 Him-Dak Museum: 520-568-1350

Presented by the Cultural Resource Program Staff





**October 28, 2019** 6 pm **Ak-Chin Service Center** 

**Healthy Parenting Education** and Support Group



Ak-Chin Health and Human Services



When: Please call to arrange start date. Where: Conference Room (48227W. Farrell Road Maricopa, Arizona 85139) Contact: Health & Human Services at (520) 568-1093)

The goal of this group is to help establish a support system for Community Families and offer additional tools and techniques for parenting.\* Community members, Residents, and Employees are welcome to participate!\*\* For more information contact: Lynne Houston-Volden (Child and Family Therapist) at Health and Human Services. 520-568-1086.

Certificate of Completion is issued when a participant actively participates in and completes the entire series of topics fividuals not employed by the community, not residents or community members may be given spe contact Lynne Houston-Volden for details.

#### **OCTOBER 2019 Schedule**

Sunday Mass at 12 noon October 6 - Fr. Peter Teresa McConnell October 13 - Fr. Antony Tinker October 20 - Fr. Ignatius Mazanowski October 27 - Fr. Ignatius Mazanowski

#### **ANNOUNCEMENTS**

October 5, 10 am St. Francis of Assisi-Salt River Feast Day-Fr. Antony Tinker, FHS October 12, 10 am Our Lady of Victory Feast Day-Fr. Antony Tinker, FHS October 19, 10 am St. Francis of Assisi-Ak-Chin Feast Day-Fr. Antony Tinker, FHS October 26, 10 am CCOE Meeting - St. Paschal Baylon sponsor - Meeting at St. Francis Salt River

Baptisms are every 4th Sunday of the month and baptism classes are every 2nd Saturday of the month. If you are interested please contact Flower Ruelas at (520) 568-3700 or (602) 717-3761.

Ak-Chin Indian Community Free Spay and Neuter Clinic "AK-CHIN COMMUNITY MEMBERS ONLY"



Please fill out the information below and return to Animal Control at the Justice Complex by October 7th 2019. The Clinic is scheduled for Tuesday October 22nd 2019, at the Fire Department. The veterinarian will be contacting you by phone the week prior, to schedule times to drop off your animals.

| Members Name |           | Contract Contractor |
|--------------|-----------|---------------------|
| Address      |           |                     |
| Phone        | ( )       |                     |
| Member ID #  |           |                     |
| Animal Type  | Dog or C  | at (circle one)     |
| Breed / Age  |           | 1                   |
| Sex          | Male or F | emale (circle one   |



October 4 - 17, 2019

### **Ak-Chin employees compete in** volleyball tourney Story by Runner staff, photos by K. Lopez

The Employee Co-Ed Volleyball Tournament was held September 23-24 at the Ak-Chin Recreation Gym.

Ak-Chin Recreation was pleased to see that more teams signed up this year than previously to compete for bragging rights among staff in the Community.

Teams that played were Hema Ep, We Showed Up, Fire Department, That Team, Mix Ups, Outkast, Recsters and UltraStar. UltraStar said they enjoyed playing in the tournament as it was the first time that they participated in this sport.

The Fire Department squad had a well-rounded team but could not contain Outkast, who doused them with third, and went on to play Recsters in the championship game.

Recsters, began the tourney with a full roster, playing undefeated, but had only four females and one male going into the championship game against Outkast.

At the final whistle, Recsters would take the championship and well



deserved bragging rights.

Top: Recsters take the win on their turf after climbing the bracket with their stellar play.

Middle: Outkast takes second place after defeating a tough Fire Department squad.

Bottom: Fire Dept. had the muscle and made it to the top three in a well-fought set of bracket matchups.



## Harrah's Ak-Chin Casino High Roller Team Hosts **Bake Sale to Benefit Susan G. Komen Foundation**



Pictured I-r: Julie Madrigal, Justin Sansaver and Lauren Conley.

(MARICOPA, Ariz. - Sept. 26, 2019) According to the Susan G. Komen - The Harrah's Ak-Chin Casino High 3-Day: Roller Team hosted a bake sale on • In 2019, more than 260,000 women Sept 12 to raise funds for the Susan G. Koman 3-Day. The High Rollers, who are participating in the Susan G. Komen 60 mile, 3-day event in San Diego Nov. 15-17, 2019, raised \$1209.39. All proceeds will benefit the Susan G. Komen Foundation.

and more than 2 600 men in the U.S.

diagnosed with breast cancer living in the U.S. today.

#### About Susan G. Komen 3-Day

The Susan G. Komen 3-Day® is a 60mile walk for women and men who are ready to go the distance and commit to ending breast cancer. Participants raise a minimum of \$2,300 and walk an average of 20 miles a day for three consecutive days, educating tens of thousands of people about breast health and raising funds for breast cancer research, community health, patient care and advocacy with every step. It's a big commitment, but it's totally worth it.

Over the past 16 years and 170 events, the Komen 3-Day has raised more than \$848 million which Komen has used to save lives and make huge strides in breast cancer research. The net proceeds raised by the Susan G. Komen 3-Day help Susan G. Komen<sup>®</sup> build a world free of breast cancer through research, community, care and action.

## **Pro putting tips from Southern Dunes**

#### Story submitted by Ben Meidl, photo by C. Picciuolo

Ben Meidl is a teaching professional at Ak-Chin Southern Dunes. Ben is originally from Minnesota, has been a PGA member since 2010, and has been with Troon Golf since 2008. He played Division 2 golf at Minnesota State University-Mankato and obviously wishes he knew then what he knows now.

Instructionally speaking, he is constantly learning in order to explain the game very simply. He believes that players need to understand how the golf club works and how their setup will affect their unique golf swing. Also, students should understand their finish position, as it provides evidence of their golf swing and ball flight. Ben sits down with the Runner and gives his putting tips from Southern Dunes.

Putting is an important aspect of golf. Over 30% of shots taken during a round of golf are putts, and if you hit a bad putt, you recover from it with another putt. Good putting makes up for mistakes from tee to green and can provide peace of mind if you make other mistakes.

The address position when putting should be simple, relaxed, and balanced. Comfortable width between your feet like you're standing and talking to someone. Palms on the club should be parallel to the clubface, in other words, no hand is rotated too far over or under. The putter should sit on the ground the way it looks like it should, not leaning too far in any direction.

Fun fact: most players on the PGA Tour make less than half of the putts they hit from 9-10 feet. This means we all have a good chance to make putts inside 10 feet. Anything longer than 10 feet and it's nice to two-

putt. Inside 10 feet focus on hitting it online, and spend time aligning your putter. Outside 10 feet getting the distance is most difficult and the most important. Getting the distance correct takes a little practice and good imagination.

I think the best putters, also the most aesthetically pleasing, are the putters that swing it like a pendulum. The bottom of the pendulum is never moving at a consistent speed, it is either accelerating or decelerating. If you have a stroke like that it is easy to project how far the ball will go based on the length of the stroke taken.

Playing in wind can be fun but also frustrating. Wind can come from all directions and change speeds so it can be difficult to predict. Into the wind we lose distance, but it can be an advantage if you need your ball to stop quickly. Hitting solid shots that don't curve much works best into the wind, easy to say but as we all know hard to do. Downwind shots go further, but the downside is the ball will roll further too. In strong crosswinds players tend to underestimate how much the wind moves the ball.

We always want our ball curving toward the target. If your ball tends to curve left to right without wind and you hit it the same in wind that is blowing perfectly (not at an angle into or with) right to left know that the ball will fly shorter than normal as it's curving into the wind.

Ben enjoys using Ak-Chin Southern Dunes' new #miniDunes course, especially having fun with beginners and juniors. Look for more #miniDunes fun and creativity this season and you can follow him at @BenMeidl on Twitter.



"Every year our team travels to San Diego to participate in the Susan G. Komen 3-Day," said Lauren Conley. "It's a powerful event that raises awareness and funds for a very important issue. We're lucky to work for an organization that has a long-standing reputation of promoting wellness and giving back to the community."

The bake sale is just one of many events that are a part of Harrah's Ak-Chin Casino's annual HERO Campaign for the Cause, an effort that raises awareness and funds throughout the year for women's and men's health issues.

are expected to be diagnosed with invasive breast cancer.

- One in eight women in the U.S. will be diagnosed with breast cancer in her lifetime.
- Every two minutes, one case of breast cancer is diagnosed in a woman in the U.S.
- In 2019, more than 41,000 women and 500 men in the U.S. are expected to die from breast cancer.
- effective • Early detection and treatment have resulted in a 39 percent decline in breast cancer mortality (deaths) in the U.S. between 1989-2015.
- It's estimated that at least 154,000 people in the U.S. are living with metastatic breast cancer. There are more than 3.5 million people

The funds raised have helped Komen's mission to save lives from breast cancer, by investing more than \$988 million in breakthrough research and more than \$2.2 billion to support people and communities most at risk through programs to provide access to screening, treatment assistance, patient navigation and education.

The Susan G. Komen 3-Day® is a place where every moment is full of meaning, emotion and celebration. As participants cover the mileage on foot, volunteers help along the way. Each night of the event, walkers experience an incredible community of kindness that's more than just a place to sleep; it's where they can bond, share laughter and tears, and make memories with old and new friends.

PGA member and teaching professional at Ak-Chin Southern Dunes Ben Meidl instructs golfer on putting techniques.

## **Chairman Miguel attends Democratic Debate in Houston**

Submitted by Chairman Robert Miguel

The debate was held at Southern Texas University in Houston, Texas on Thursday, September 13.

Chairman Miguel and Kilpatrick Lobbyist Craig Williams attended the event, "we had to arrive about an hour and a half prior to the debate for security purposes." Miguel shared.

Sitting about 12 rows from the actual stage, Chairman along with Gila River Indian Community Governor Stephen Lewis watched and listened as the candidates discussed their setbacks and personal stories.

"It was my first ever live debate



Chairman Robert Miguel with Presidential candidate Senator Elizabeth Warren

and the overall highlight for me was to watch candidates exchange questions and answers on why each deserved to be the Democratic candidate for the 2020 elections."

Following the debate, Chairman was able to speak and take a photo with Presidential candidate and current Massachusetts Senator Elizabeth Warren.

"Our conversation revolved around both our relationships with former Kilpatrick Lobbyist PaaWee Rivera who is now a Senior Staffer for Warren."

He was also able to meet and take a photo with former Arizona United States Representative Gabrielle "Gabby" Giffords prior to the debate. Gabby's husband, former astronaut Mark Kelly, is seeking a seat in the United States Senate.

Maricopa Veterans Day Parade Saturday, November 9th 2019 Parade starts at 9:00AM

Parade Route: Central Arizona College to Leading Edge Academy

Luncheon for Veterans, their families and first responders 11AM at Leading Edge Academy



Sponsored by: American Legion Auxiliary Unit 133 & Veterans Parade Committee



For more information visit: http://alpost133az.org/veteransparade

October 4 - 17, 2019

## **Annalise Manuel's solid play for Ray Bearcats in Kearny**

Photo and Story by C. Picciuolo



Annalise is all smiles during a team huddle on the way to a win against North Phoenix Preparatory Academy.

what out of district schoolage Community members and their families are up to, we wanted to catch up with Annalise Manuel, who lives in Kearny, AZ and plays for the Ray Bearcats varsity volleyball squad. "I grew

On our mission to find out up in Ak-Chin, and after 10 years we moved away," said Manuel. "My siblings still live in Ak-Chin."

> Manuel has been playing volleyball since seventh grade but doesn't plan to keep playing after high school. She



Participants must be at the gym by 3 p.m. Vans depart at 3:15

For more information or questions please email: recreation@ak-chin.nsn.us



wants to go to a university and has a general idea of what her plan is, but is still trying to figure out the details.

Manuel lights up the team with her cheerful demeanor and electric play. On Thursday, September 9 during the 3-2 win over home team North Phoenix Preparatory Academy in Phoenix, Manuel was a catalyst for a comeback during set three with hard hits up front while down 14-12. Her solid defense at the net led to a third set win. Bearcats took sets 1, 3 and 5, the final

set winning 15-13.

"We won the first one and were up high, but then we started to get down on ourselves when we lost that (other) one, but then later on we picked it back up and ended up winning," she said.

Ray Bearcats are now 5-2 on the season. To support Annalise and the Bearcats, head to the Ray Unified School District website at rayusd.org and look for the upcoming sports schedule on the sports information page.



Manuel playing solid defense at the net as the home crowd in Phoenix looks on during the last set, in which the Bearcats ended up winning.

Jose Miguel Jr. earns MVP honors

Photo and article submitted by Jose Miguel Sr.



#### Jose Miguel Jr. with his MVP medal.

On September 7-8, Jose Miguel, Jr. and his club teammates competed in the 6th Annual Rebound for Ronan tournament at the Avondale Sports Complex.

Jose and his team played up in the 17U division, competing against some very tough teams. At the end of the tournament their record

would stand at 4-1 with their only loss in the championship game.

Jose came out and gave an impressive performance playing hard, rebounding and shooting the ball well, putting up some very impressive numbers. As a result, he earned and took home the 2nd Place MVP.

## **Community Kids at the fields at Copper Sky**

Arian

by Julia

Bright and early on the energetic soccer games. morning of September 21st, five of Ak-Chin's up and coming all star athletes stormed the green grassy fields to play in a rally of

The squad of kids are playing in the 2019 Fall Soccer



Recreation Complex.

As their families watched; Antonio Rodriguez (Fury), program held at Copper Sky Arian Coronado (Sonics), Photos by J. Peters

Isaac King (Rebels), Kylee Carlyle (Eagles), and Mateo Rodriguez (Rebels) all played their first weekend of games of the season and have more on the horizon.



ertuccio Farm Sunday, October 20, 2019 Must be at the gym by 8 a.m. Vans depart at S:15 a.m. pen to the first 20 Community Member (Ages: 6-11) to sign up Lunch will be provided!

Parent/Guardian need to fill out permission slip Deadline: October 16, 2019 For more information please email: recreation@ak-chin.nsn.us or call 520-568-1740





**Kylee** Carlyle



Mateo Rodriguez



Antonio Rodriguez

### ATTENTION **Ak-Chin PARENTS and GUARDIANS**

If you have a student-athlete from Ak-Chin participating in an upcoming event and would like them to be featured in future editions of the Runner, Please let us know!

Email: runnernews@ak-chin.nsn.us Phone: (520)-568-1375





FOR MORE INFO CONTACT Sylvia Rubalcaba @ 520 568-1370 OR EMAIL : SRubalcab



## Beginning October 1, 2019 Extended Hours & Saturday Clinics

To find out more information on our services, please call Gila River Health Care's main line (520) 562-3321.

## HU HU KAM MEMORIAL HOSPITAL. MONDAY - FRIDAY

#### **PRIMARY CARE:**

M - Th: 8 am - 7 pm Last Patient Check-in Time: 6:15 pm Friday: 8 am - 6 pm Last Patient Check-in Time: 5:15 pm

#### DENTAL:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **OPTOMETRY:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 4:45 pm

#### **PHYSICAL THERAPY:**

M - Th: 7 am - 7 pm Last Patient Check-in Time: 6:00 pm Friday: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **PODIATRY:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:30 pm

#### WOMEN'S HEALTH CLINIC

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:20 pm

#### **DIALYSIS EAST:**

M / W / F: 4 am - 8 pm Last Patient Check-in Time: 4:00 pm T /Th: 4 am - 4 pm Last Patient Check-in Time: 1:00 pm

#### LABORATORY:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:45 pm

#### LIFE CENTER:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **MEDICAL IMAGING:**

M - S: 8 am - 6 pm Ultrasound: Last Patient Check-in Time: 11:45 pm

X-Ray: Last Patient Check-in Time: 5:45 pm

CT: Last Patient Check-in Time: M - Th: 11:45 pm

## HU HU KAM MEMORIAL HOSPITAL. SATURDAY HOURS

#### **PRIMARY CARE:**

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **DENTAL:**

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **OPTOMETRY:**

Saturday: 8 am - 6 pm Last Patient Check-in Time: 4:45 pm

#### **PHYSICAL THERAPY:**

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **PODIATRY:**

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:30 pm

#### WOMEN'S HEALTH CLINIC:

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:20 pm

#### **DIALYSIS EAST:**

Saturday: 4 am - 4 pm Last Patient Check-in Time: 1:00 pm

#### LIFE CENTER:

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### LABORATORY:

Saturday: 8 am - 6 pm Last Patient Check-in Time: 5:45 pm

## KOMATKE HEALTH CENTER • MONDAY - FRIDAY

#### **PRIMARY CARE:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:15 pm

#### **DENTAL:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### LABORATORY:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:45 pm

#### LIFE CENTER:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### OPTOMETRY

M - F: 8 am - 6 pm Last Patient Check-in Time: 4:45 pm

#### **MEDICAL IMAGING:**

M - F: 8 am - 6 pm Ultrasound: Last Patient Check-in Time: 5:00 pm X-Ray: Last Patient Check-in Time: 5:45 pm

#### **PHYSICAL THERAPY:**

M / W: 7 am - 6 pm Last Patient Check-in Time: 5:00 pm T / Th: 7 am - 5 pm Last Patient Check-in Time: 4:00 pm Fridays (alternating): 7 am - 5 pm / 8 am - 6 pm Last Patient Check-in Time: 4:00 pm

#### **DIALYSIS WEST:**

M / W / F: 5 am - 4 pm Last Patient Check-in Time: 1:00 pm

#### WOMEN'S HEALTH CLINIC

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:15 pm

#### PODIATRY:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:30 pm

## HAU'PAL HEALTH CENTER • MONDAY - FRIDAY

#### **PRIMARY CARE:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:15 pm **Same Day Clinic:** If you call (520) 796-2600 ext. 2967, 2968 before 2 pm, we will offer you a same-day appointment. If you call after 2 pm, we will offer you an appointment for the next day.

#### AUDIOLOGY:

M - Th: 8 am - 5 pm Last Patient Check-in Time: 4:30 pm F: 8 am - 12 pm Last Patient Check-in Time: 11:30 am

#### **PHYSICAL THERAPY:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **OPTOMETRY:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 4:40 pm

#### WOMEN'S HEALTH CLINIC

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:15 pm

#### LIFE CENTER:

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:00 pm

#### **PODIATRY:**

M - F: 8 am - 6 pm Last Patient Check-in Time: 5:30 pm

#### LABORATORY:

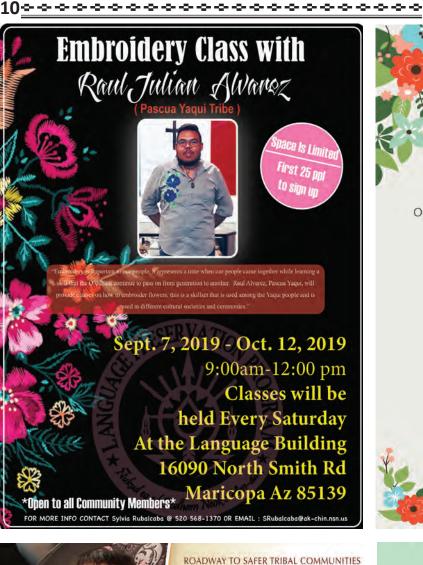
M - F: 8 am - 6 pm Last Patient Check-in Time: 5:45 pm

#### **MEDICAL IMAGING:**

M - F: 8 am - 6 pm Ultrasound: Last Patient Check-in Time: 5:00 pm X-Ray: Last Patient Check-in Time: 5:45 pm MRI: Last Patient Check-in Time: Mon -Thurs 3:30 pm

Reminder! Gila River Health Care's Administrative Offices and Outpatient Clinics will be CLOSED IN OBSERVANCE OF VETERANS DAY MONDAY 11/11/2019

Gila River Indian Community CRISIS HOTLINE: 1-800-259-3449





Protect Our FUTURE Use child safety seats on every ride.

#### The Facts

- Among children aged 0–12, American Indian and Alaska Native children have the highest traffic death rate of all racial/ethnic groups in the United States.
- More than half of car seats and booster seats are not used correctly. If the seat isn't installed the right way, or you're using the wrong type of seat for your child's age, height, or weight, your child is not as safe as he or she could be.2
- Using age- and size-appropriate car seats, booster seats, and seat belts significantly reduce the risk of injury and death among children in a crash.

#### Help Keep Yourself and Your **Loved Ones Safe**

You can help keep yourself and your loved ones safe by:

- Using a car seat, booster seat, or seat belt on every trip, no matter how short. Finding the right car seat or booster
- seat for your child's age, height, and weight. See the chart below for tips.



- Getting help installing a car or booster seat from a certified child passenger safety technician.
- Properly buckling children aged 12 and under in the back seat. The back seat is safest for children.
- Never placing a rear-facing car seat in front of an airbag. Airbags can injure or kill small children riding in the front seat.
- Not using traditional baby carriers (such as cradleboards) in place of a car seat. Traditional carriers do not keep children safe in cars or trucks.
- Always wearing a seat belt when pregnant. Be sure to wear the lap belt below your belly. Place the shoulder belt across your chest-never behind the back, under the arm, or across the stomach.

## AK-CHIN JOB OPPORTUNITIES

Maintenance Technician

October 4 - 17, 2019



Place:

Him-Dak Art Building

TRANSPORTATION PROVIDED: Pick up and drop off within

the Community. Please call front desk

by 4:30 pm for a ride.

For further information contact

the Museum Staff @

(520) 568-1350

If someone told you that your baby's chances of dying **40 TIMES GREATER** 

when sleeping in an adult bed rather than a crib, where would you put your baby to sleep tonight?

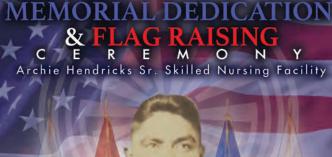
## Practice The ABCs of Safe Sleep: Alone

Back Crib

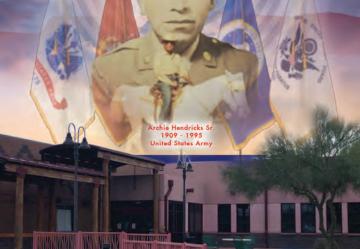
ke Us On

Baby sleeps safest ALONE, on their BACK, and in a CRIB For more information: https://dcs.az.gov/services/office-preve





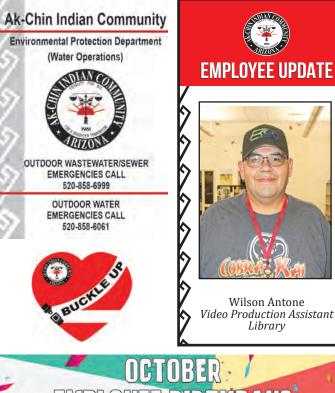
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#### Friday, October 18, 2019 • 10am

Tohono O'odham Nation Gu Achi District Sawkud Kuk · Federal Route 15, mile post 9 · 10am Traditional Blessing · Flag Raising Ceremony

· Memorial Dedication · Guest Speakers · Lunch · Entertainment



### YEE BIRTHDAYS 10

Susan Sanchez, Maintenance

Adam Finken, TGA

2 Delores Hernandez, Maintenance Nikkol Martinez, TGA

12 Adam Abel, Law & Order Kathy Shoemaker, Finance

13

Clifford Fullam-Kenealy,

TGA

3 Diana Perez, Law & Order Victoria Smith, Government

4

14 Olesya Nelson, Finance Ambria valles, Social & Health Services



Members Only

Art Technician

Open to Enrolled Ak-Chin

Cultural Resources Specialist

- Police Officer non-certified and certified
- Detention Officer noncertified and certified
- Communication Officer
- Police Commander

Accountant

Archaeologist

#### **APPLICANTS CAN NOW APPLY ONLINE!**

Visit Ak-Chin Indian Community website (www.ak-chin.nsn.us) and click Job Openings to review or apply for an open position. If you are claiming Indian Preference, proof of tribal enrollment MUST be submitted at the time of application.



The Ak-Chin Indian Community is now on Facebook! Make sure to LIKE us to stay up-to-date on what is happening in the Community.

#### Loc Nguyen, Law & Order Amy Rodriguez, **Housing Department**

Corinna Velasco, Vekol

6 Julius Jones, IS Kendra Owens-Johnson, Prosecutor Christopher Picciuolo, Runner

> 8 Diana Carlyle, Runner Jon Spezzacatena, Fire & Safety

> > Happy Birthday Stella

Oh my, it's that time of the year

again! We love you. Debi Baptisto & Euphrasia Mike

p/s Make it a wonderful day.

17 years ago, on this very day, you came into my life and brought me

happiness, joy and a lot of love.

Enjoy your last year as a minor.

Love, Mommy

Happy Birthday Isaiah,

Even though you're SUPER mean

to us we love you to the moon and

back. Love, Kaylan and Kylee

Happy Birthday Isaiah, Just want to wish you the best, as

the years came and gone you've

grown into a strong young man I

thank God every day for bringing

you into my life, it's been a long time but I'm here now to enjoy and celebrate your special day. Always

be thankful for what and who you have in life with every opportunity

that may arise make the best of it, life is a challenge but no matter

15 James Boehm. Fire & Safety Steven Ruelas, Maintenance

16 Bianca Chavez-Schrader, Early Childhood Anaelina Soliz. EPD

> 17 Courtney Bagsby, Fire & Safety

what always stay positive and

you'll overcome anything in life, 17 years just seemed like yesterday,

happy birthday son.

Love your Dad Happy Birthday Diana,

To a wonderful woman who I

truly admire and love with all my

heart, my beautiful wife. You are a loving and caring person, someone

special to me, such perfection, so dear to my heart. An amazing mother to the kids, someone who I get to spend every day loving. On this special day I wish to send my love to you, someone who makes my life complete and happy. Your smile lights up my days and the best part of everyday is sharing it with you, my wife. I want you to have the most wonderful celebration on your special day, you deserve it. Happy

Birthday to the love of my life, my

dear wife.

Love Your Husband, Cubby

Happy Birthday to my granddaughters Amy, Andrea, and Emily and my grandsons James,

Noah and Isaiah

Love, Grandma

Happy Birthday Sharon

Love your family

Happy Birthday Chris, Diana and Armonda

We hope you all have a splendid birthday with lots of fun moments!

From the Runner

<b>6</b> 6 6			TO	SER		
SUN	MON	TUES	WED	THURS	FRI	SAT
88		1 Joseph Antone William Martinez Maynard Pablo, Jr. Eugene Peters, Sr. Damien Smith	2 Martin Castro Noemi Hernandez Tanya Lewis Nikkol Martinez Alison Miguel Jeaney Narcia Elizabeth Valles	3 Elva Alarcon Earl Justin, Jr. Justine Lopez Victoria Smith	4 Neveah Antone Gabriel Manuel Amy Peters	5 Dyon Aguilla Celia Medina Douglas Pablo
6 Ariana Bandin	7 Fernando Arellanes-Burgos Francisco Mattia Alyssa Pablo Matthew Villarreal	8 Angel Antone Evelyn Garcia Maria Maldonado Brittany Paddock	9 Ann Antone Jacob Trenado	10 Berdina Arellanes- Burgos	11 Marco Jensen Andrea Peters	12 Delayna Antone Xzalius Homer Shanna Narcia Zachary Valles
13 Blessing Antone	14 Sharon Carlyle Joe Jerry Rosa Lewis Erin Martinez- Yarberry Eliza Santiago Ambria Valles	15 James Boehm Holly Bowman Jose Miguel Jr. Steven Ruelas	16 Jalia Carra Roy Lewis Charity Lewis Emily Peters Michaellatino Santiago Angelina Soliz	17 Noah Brown Jesus Corella, Jr. Francisco Miguel Isaiah Peters Armonda Santiago	18 Feather Perry Carrieanna Villarreal	19 Estella White
20 Sarah Delma Julian Lewis Koda Osborne Joseph Vallejos, Jr.	21 Dennis Antone A'Miyah Deloney Ethan Manuel Aubree Perez Crystal Tow Della White	22 Claudia Antone Carol Enos Janet Narcia Maynard Pablo, Sr.	23 Adaisha Pablo Ame Stephens	24 Daniel Lopez Amerrah Mike Yolanda Narcia- Miranda	25 Madalina Delores Adrian Garcia Hunter Louis	26
27 Harlee Jose Orenda Ortiz Hope Vallejos	28 Nicole Allison Ramiero Andaverde Jarred Antone Jenika Justin Ariel Lopez Sophia Matuz Jeremiah Talkalai	29 Alvin Antone Kylee Machado Willow Nosie Zataray Ulloa	30 Patricia Medina Kaelyn Miller	31		

5k continued from Front

Ages 0-12: Ruben Zepeda, John Zabawa, Jessica Zabawa. 13-19: Aleina Estrada, Morgan Peters, Isaiah Zepeda. 20-34 Female: Sarah Zabawa, Cecily Peters, Candice Chattlin. 20-34 Male: Sheldon Rope, Wesley Gonzalez. 35-44 Female: Gwen Pilone. 45-54 Female: Gale Whitson, Muriel Tsosie, Flora Howerton. 45-54 Male: Ruben Reino Sr., Harley Gilbert Jr., Manuel Garcia. 55+ Female: Virginia Zepeda, Enna Post, George Alvarez. 55+ Male: Erwin Thomas,

Albert Tom, Cecil Peters.

"We (Health Education) wanted to create something fun for families to attend and participate in. I hope the kids enjoyed the trinkets, super hero bracelets, super hero stickers for their water bottles, and punch ball balloons," said health educator Martina Guy.

"The 5k distance takes Super Hero powers to complete and I am proud and excited that everyone stepped up Ak-Chin Police Department

to the challenge and did the Ak-Chin Royalty length they were comfortable doing."

**The Health Education Staff** would like to thank the following individuals and departments for their help in making the 3rd Annual Super Hero 5K a wonderful event!

**Ak-Chin Sanitation/Public Works Department Ak-Chin GIS Ak-Chin Fire Department** 

and **Pageant Committee** Vekol Market

October 4 - 17, 2019

We would also like to thank all the SUPER HERO participants for attending our second fall event of 2019! Please save the date for our next event... Pink Run, Breast Cancer Awareness event scheduled for October 19th, 2019.

Thank You,

**Ak-Chin Health Education** 

The top three runners pose for a picture in front of a super hero background at the end of the festivities.

From left to right: First place, Ruben Zepeda, Sr. at 26:04. Second place, Sarah Zabawa at 26.32, and Third place, Erwin Thomas at 27:00.

Winners in every category received a medal during the reception after the race.

Below: Runners head up Santos St. on the way to Farrell Rd.





Above: Estalyn Lopez shows off her new super mask during the gathering after the race.

Runners Right: families and charge back up with breakfast plenty and of water after a warm day outside.





Above: Families look through super hero-themed stickers, bracelets and

## Lifehouse lights up **Harrah's Ak-Chin**

Story and photos by C. Picciuolo



Lifehouse took the Harrah's Ak-Chin stage by storm and wowed the crowd with their tight performance.

As expected, alternative rock veterans Lifehouse brought a great evening of tunes to the Harrah's Ak-Chin crowd. Lifehouse did not miss a beat and shelled out fan favorites like, "Wash," "Disarray," and "Sick Cycle Carousel."

The band went on to hit the crowd's sweet spot with the energetic and eclectic tune, "The Joke." The encore is what fans were waiting for, bringing out #1 hits on the US Adult 40 chart like, "Hanging by a Moment" and "You and Me."

"It is so good to be here for more than one reason. We're going to get to that later. You guys were a great crowd tonight, thank you so much for showing up. It's always good to be in Arizona, one of our favorite states in the country," lead singer Jason Wade told the excited crowd.

The main reason is undoubtedly that the drummer Rick Woolstenhulme, Jr. is from Arizona and lives in Gilbert. Lifehouse is wrapping up this leg of the tour on October 26 in Clearwater, FL.



"Are there any old school Lifehouse fans out here tonight?" lead singer and gutarist Jason Wade asked





Above: Ak-Chin Health Education department poses in their super hero outfits after a long morning of hard work.



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trinkets.

Below: Young participants in awesome super hero costumes before the run.





**DECEMBER 13-15, 2019** WE ARE LOOKING FOR FOOD & ARTS/CRAFTS VENDORS FOR THE MASIK TAS CELEBRATION

520-568-1045 events@ak-chin.nsn.us Ak-Chin Circle | Maricopa, Arizona the crowd. The audience erupted. Here, Wade takes the spotlight and croons to the fans while playing rhytm guitar.

MULTI

### **NOW HIRING**

- Experienced Line Cook
- Experienced Server
- Experienced Bartender
- Experienced Nightclub/Sports Bar Server

Interested candidates may apply at UltrastarAkChin.com or pick up an application at UltraStar's box office.



### SATURDAY, OCT 26 • 10 PM - 2 AM **NO COVER**



# Ak-Chin Indian Community Masik Tas Celebration

## **EVENTS OPEN TO THE PUBLIC**

Ak-Chin Circle Field & Arena (16000 N. Maricopa Rd., Maricopa, AZ 85139)

Our Language is Our Medicine...

We Lose Our Language, We Lose Our Medicine.

Photo by: Gabe Lopez





## Traditional Games & Light Parade - 7:00 p.m. **December 13th-15th**

Carnival \$10 (daily) all you can ride wristband

Children 3 and under are free Rodeo, Vaila Dance, Cultural Entertainment, & Vendors

December 14th

Ramon Ayala Concert-7 p.m.

All ages welcome \$25 tickets at the door starting at 10 a.m.



December 5th - 8th Basketball Tournaments



Saturday, December 7th Evening Light Parade



Sunday, December 8th Dance contest/Menudo Contest

AK-CHIN Southern Dune GOLECIUB **EXPERIENCE TROON GOLF®** 

Monday, December 9th Masik Tas Golf Tournament

For more information contact the Ak-Chin Community Events Department at (520) 568-1045 or events@ak-chin.nsn.us.