

Maricopa, Arizona

October 15 - November 4, 2021

Arizona Democratic Party celebrates Indigenous Peoples Day in Ak-Chin



Indigenous Peoples Initiative Board Member Clara Pratte

A monumental movement was celebrated at Ak-Chin Circle Elements Event Center on Monday, October 11, as the Arizona Democratic Party commemorated the first ever Indigenous Peoples Day.

Tribal, federal and state elected leaders shared in the historic occasion, along with representatives from the Arizona Democratic Party and Indigenous Peoples Initiative.

Ak-Chin Councilmember Delia Carlyle began the day with a blessing, followed by Arizona Democratic Party Chairwoman Raquel Teran.

Chairwoman Teran talked about the partnership with the the ballot... We have to keep pushing to elect those leaders who are accountable to our communities in 2022."

She praised Arizona for sending 11 electoral college votes and 3 electoral college votes from Native Tribes in Biden's victory, "this marks the highest number of Native American electoral college votes in U.S. history... we can do better, it's a start... but it's still the highest number."

She also pointed out that Arizona had the most Native American candidates running for office and winning their elections in the state's history.

Teran talked about the bills that had recently passed like Navajo Code Talkers Day, and the American Rescue Plan, which she heavily credits to the collective works of the Biden. "And of course, we are celebrating today's Indigenous Peoples Day for the first time ever, with a proclamation from the President of the United States."

Ak-Chin Vice-Chairman Lemuel Vincent was next on the agenda. As he thanked

everyone for attending the event at Ak-Chin Circle, he spoke about commemorating and honoring Indigenous Peoples Day, "to commemorate who we are, it brings a lot of strength, guidance, knowledge, information to each tribe here."

Story and photo by J. Peters Vice-Chairman Vincent also talked about the long journey it has been for Indigenous people to get to this point and how working together with native and "even those outside of native country that has helped us get to this place and get to this purpose that we are

AZ Dems continues to page 6

MHS Volleyball recognizes Senior Eliza Santiago

Story and photo by R. Peters

On Monday, October 12, Maricopa Lady Rams high school volleyball hosted the Alhambra Lions for a thrilling night of action-packed blocks, sets, digs and spikes.

Before the Varsity game, 10 seniors were recognized during the Senior Night honors, among them was #10 Eliza Santiago.

Santiago who is an Ak-Chin member, has played volleyball since age 13. She has played for MHS, Maricopa Starlings and Maricopa Power club volleyball, as setter and outside hitter. Eliza contributed many assists at setter to help her Lady Rams defeat Alhambra 3-0.

Maricopa Lady Rams Varsity volleyball holds an 11-4 record in the 6A AZ Conference. Their next home game is Thursday, October 6pm.



Eliza Santiago pictured with her parents at Senior night.

graphic design club. After content."

ADC and tribal communities for the next election cycle. "The conversations we have today will set the stage for the off-cycle work that is crucial for victories up and down Democratic party and President

Once volleyball season is over, Eliza will focus on her

14 against Cibola Raiders at high school she "plans to go to a community college for two years and then transfer to a university for a degree in graphic design and media

Eliza is the daughter of Albert and Leticia Santiago, and the granddaughter of Lena Santiago.

Ak-Chin youth actively take on 2021 Maricopa Fall Soccer Story and photo by J. Peters

As this year's fall sports has been a blessing, as it continues to engage young participants in outdoor physical activity.

Many of the community's athletes show determination in keeping up with all the sporty activities.

On Saturday October 10th, Copper Sky Recreation Complex housed the Maricopa Fall Soccer league games, starting as early as 8 am families gathered to watch their future star athletes play rounds of the fast paced games of soccer.

Running out their energy on the soccer fields, Ak-Chin's band of young athletes kicked their field time into full gear, helping their teams play to win.

Scoring goals and making good passes were on the minds of the athletes as well as impressing family and friends who came to watch and support the players.



Jose Lopez Jr. (#7) followed by Lil Jags teammate Yael Rameriz are lined up perfect and going for the goal! More photos on Page 5.

Community Members if featured in the Runner you have a child playing sports activities and in you would like them to be

please send infoprmation to runnernews@ak-chin.nsn.us

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Greetings Elders,

The Elder Center Staff misses you and hope you and your families are well.

Beginning November 3rd and 4th, the Elder Center will open again for indoor meals. If you would like to come in for lunch, please call the Elder Center.

To better serve you, please provide the following information:

- 1. Your Name
- Phone number where you can be reached 2.
- 3. Do you need transportation? Yes or No

We will be sure to get you transported to the Elder Center for lunch and back home safely.

REMINDERS:

MEALS: If you haven't participated in picking up a meal and would like to, or you are home bound and need your meals delivered, please call the Elder Center to make an appointment. There are a few forms to fill out. This can be done over the phone.

INFORMATION ASSISTANCE: If you need further assistance such as for banking, DES/Social Security, Veteran, Medical documents etc., please call the Elder Center to make an appointment. Most of these kinds of documents require the elder to be present. We will be happy to ensure that you have a ride to the Elder Center for assistance with such documents.

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PROTECTION FROM COVID:

- Practice social distancing
- Please wear a mask at all times except at the lunch table.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based sanitizer that is at least 60% alcohol.
- Tables are cleaned and disinfected frequently using a regular cleaning spray or wipe.
- Vaccination remains the best way to prevent serious illness, hospitalization, or death from Covid-19, and we highly encourage employees to get vaccinated.

Elder Center TRANSPORTATION: To schedule transportation, please provide 48 hours' notice to ensure your appointment is placed on the schedule. Please Call 520-568-1769 to speak directly

with the Transportation Supervisor.

Elder Center Hours of Operation 8:00AM to 4:00PM Breakfast 7:30AM to 8:30AM Lunch 12:00 Noon to 1:00PM **Elder Center Phone Number** 520-568-1760 **After Hours Phone Number** 520-858-5043



Happy 88th Birthday to Cisco!!

Cisco Mattia was born on the Tohono O'odham Nation in the village of Managers Dam. He is the son of the late Jose and Maria Mattia. He was married to the late Armida (Santiago) Mattia for over 40 years until her recent passing in July of 2021.



Cisco has lived in the Ak-Chin Indian Community over 60 years and is a retired farm worker of the Ak-Chin Indian Community.

Cisco is the father of seven children, Grandfather to sixteen grandchildren, Great Grandfather to seventeen and Great-Great Grandfather to one.

Cisco served in the United States Army and was honorably discharged in 1958. Prior to Cisco's military career, living on the Tohono O'odham Nation, Cisco worked as a cowboy, breaking wild horses and raising cattle. He grew up eating traditional food, and became an achieved hunter.

Cisco hunted deer and rabbits for food; learning these skills from the Elders within his family and the village in which he grew up.

Cisco enjoys listening to Chicken Scratch music. He enjoys exploring and being outdoors in the spacious desert.

(Information and photo provided by the family)



Starting Tuesday, October 5th, 2021

10:00 a.m.-11:00 a.m.

Elements Event Center 16000 Maricopa Rd.



CHAIR YOGA FOR **OLDER ADULTS 55+** PREFERRED

Prevention

Transportation Provided, please call to set-up pick-up time 520-568-1087

For Members and Residents of the Ak-Chin Indian Community

For questions about the Injury Prevention Program please call or email Teri De La Cruz at 520-568-1087 TDeLaCruz@ak-chin.nsn.us

Elder October Breakfast/Lunch Menu

15 - Egg & cheese quesadilla, salsa, diced potatoes, cottage cheese & peaches, choc. Milk | Indian Tacos, Lettuce, Tomato, Cheese, Jell-O, **Plums**

18 - Pancakes, sausage links, scrambled eggs, grapes, orange juice | Pinto Beans, Baked Chicken (D), Acorn Squash, Peas, Corn Bread, Grapes

19 - Oatmeal, scrambled eggs, cinnamon raisin toast, yogurt, milk | Meatball Stroganoff, Wax Beans, Cauliflower, Romaine Salad, Apple **Cobbler, Oranges**

20 - Bacon & egg burrito,

Beets, Carrots, Brown Rice, Apple/Oranges

21 - Cream of Wheat, boiled eggs, biscuit, cereal, banana, milk / Baked Chicken, Normandy Vegetables, Asparagus, **Cookies**

22 - Chicken fried steak, biscuit, gravy, hash brown, sliced apples, grape juice | Bar-B-Que Ribs, Yams, Green Beans, Romaine Salad, Fruit Cocktail

25 - Oatmeal, boiled eggs, English muffin, yogurt, milk | Red Chili Stew, Potato Salad, Pinto Beans, **Chumath**, **Plums**

26 - Hamburger & egg breakfast tacos, beans, potatoes, salsa, sliced

apples, apple juice | Soup & Salad, Rolls, Pineapples

27 - French toast, sausage, boiled eggs, grapes, orange juice | Beef Fajita, Zucchini w/Corn, Carrots, Broccoli, Rice Pudding, Plum

28 - Bacon, scrambled eggs, hash brown, toast, cottage cheese & pineapples, grape juice | Egg Salad Sandwich, Cole Slaw, Mixed Vegetables, **Fresh Cut Fruit**

29 - Cream of Wheat, scrambled eggs, toast, cereal, banana, milk | Meatloaf, Mashed Potato, Green Bean Casserole, Pumpkin/Lemon Roll, **Peaches**

Injury Prevention emphasizes fire safety during Fire **Prevention Month**

Story and photos by R. Bowen

Every 24 seconds in the United States, a fire department responds to a fire. In just 2 minutes, a fire can rapidly spread in a home and become a life-threatening event.

In honor of Fire Prevention Month, the Ak-Chin Injury Prevention Program is offering one-on-one Fire Safety Classes to residents, employees and families of employees of the Ak-Chin Indian Community. The classes, taught by Teri J. De La Cruz, Injury Prevention Specialist for the Ak-Chin Health Education Department, include prevention guidelines as well as life-saving tips on survival techniques during a fire.

Upon completion of the course, attendees receive a kit that includes a fire extinguisher, two smoke alarms and a medication lock box. 40 safety kits were made available through a pilot



This is the Fire Safety Kit that is being provided during the Fire Safety Class. Sign up for the class and get the kit.

grapes, granola bar, apple juice | Squash Casserole,

Some items may change without notice **

program awarded from the Phoenix Children's Hospital.

Fire and smoke from fires are the eighth leading cause of death due to injury and adversely affect American Indian and Alaska Native populations according to the Indian Health Service Injuries 2017 Edition.

Having knowledge of proper safety guidelines and the steps to take if there is a fire in a home setting, may help save lives. Preventing fires is a key component. Over half of all home fire deaths happen because homes do not have smoke alarms or the alarms are not working.

The fire safety classes, offered by appointment through the Injury Prevention Program, include information on how to prevent a fire, guidelines for smoke and carbon monoxide detectors and how to make an escape plan. Another recommendation for safety incorporated into the class is the need to lock up medications.

In addition to the fire safety classes, the staff at Ak-Chin Health Education Department invite community members and employees to reach out for bike helmet and car seat needs by calling them at 520-568-1375.

At right: Teri J. De La Cruz, **Injury Prevention** Specialist goes over fire safety equipment, during the fire safety class.





FIRE PREVENTION MONTH NEED TO MAKE YOUR HOME SAFE?

Call the Injury Prevention Program to schedule a one-on-one appointment to attend a Fire Safety Class

520-568-1087 or TDeLaCruz@ak-chin.nsn.us

October 15 - November 4, 2021

Brown dog ticks attach

themselves to people

and pets as they pass by,

so it is important to note

that as your pets travel

with you, they may have

Brown dog ticks can

complete their life cycle

indoors. Ticks have four

stages in their life cycle:

egg, larva, nymph, and

adult. Once hatched,

a tick needs to have a

blood meal before it

can develop into the

next stage. The larvae,

or "seed ticks" are less

a "hitchhiker"

along for the ride.



AK-CHIN INDIAN COMMUNITY Capital Projects

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## **AK-CHIN INDIAN COMMUNITY REQUEST FOR PROPOSAL ON CONSTRUCTION FOR THE 3-HUD HOME DEMO & REBUILD PROJECT – (2nd Request)**

The Ak-Chin Indian Community (hereafter called the "Owner") invites all General Contractors to submit proposals on a General Construction Contract. This project is to construct 3 new homes on scattered lots in the Ak-Chin Community. These homes require demolition of existing home prior to construction. These homes will be constructed with NAHASDA funds and must meet all requirements including, Davis Bacon wages, and certified payroll.

A MANDATORY Pre-Bid WebEx call will be scheduled for 10:00 a.m. (MST) on October 18, 2021. This call is considered mandatory. In this meeting home sites will be discussed, as well as demolition and infrastructure for each lot. If you do not attend this pre-bid call your proposal will NOT be accepted.

Deadline for any questions regarding this project will be 2:00 p.m. (MST) on October 28, 2021. Proposal questions should be directed to Flora Howerton at FHowerton@ak-chin.nsn.us also Cc: Project Manager, Judy Purcell, jpurcell@akchin.nsn.us.

The Owner will receive Sealed Proposals until 2:00 p.m. (MST) on November 8, 2021 at the Tribal Purchasing Department located at 42507 West Peters & Nall Road Maricopa, Arizona 85138. Proposals received after the specified date and time will be rejected and returned unopened. Proposals will be opened publicly at 2:30 PM on November 8, 2021 at the Housing Office located at 48277 W. Farrell Road, Maricopa, AZ 85139.

This invitation is unrestricted; however, preference will be given to Indian Organizations and Indian Owned Enterprises in accordance to the Community Procurement Procedure. Request for Proposals ("RFP") instruction/information package and related information may be obtained from the Ak-Chin Indian Community Purchasing Office, 42507 West Peters & Nall Road, Maricopa, Arizona 85138, and may be requested by electronic mail at **FHowerton@ak-chin.nsn**. us.

A certified check or bank draft payable to the Ak-Chin Indian Community, irrevocable letter of credit, U.S. Government Bonds, or a satisfactory Bid Bond executed by the bidder and acceptable sureties in the amount of (10%) of the bid shall be submitted with each bid. The successful bidder will be required to furnish and pay for satisfactory performance and payment security bonds in accordance to the Instruction to Bidders.

# **Ticks - The Hitchhiker Pest** The Brown Dog Tick

The brown dog tick has been known to feed on family pets as well family members. as Hitchhiker Alert!

Ak-Chin Oodham Runner 💮

Newspaper of the

Ak-Chin Indian Community ©2021

16600 N. Maricopa Hwy

Maricopa, Arizona 85139

**OFFICE HOURS** 

8:00 A.M. - 5:00 P.M.

MONDAY - FRIDAY

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16600 N. Maricopa Hwy

Maricopa, Arizona 85139

ANNOUNCEMENTS

Announcements and wishes

may be phoned in, faxed

or e-mailed.

ARTWORK, LETTERS,

**STORIES** 

The Ak-Chin O'odham

Runner is a Community

Newspaper and encourages

Community involvement.

If you have artwork, photos,

poems or a great story that

you would like to share,

please contact us so we

can include it in "YOUR"

newspaper. Also, if you have

suggestions or comments

about "YOUR" newspaper,

First, the blood hungry tick needs a good place to find a ride. They will climb to the tops of tall grass and weeds (leaf tips), turn around and extend their hind legs upwards and keep in that position until the tiny hooks at the end of their legs attach to your clothing, your skin or your pets coat. Once attached, they are on their way for a ride and a feast.

Ticks will feed on any warm-blooded mammal to complete their life cycle in the wild. The brown dog tick also does well in the home environments of the southwest climate here in Arizona.

1. Be mindful that when you go on outings (parks or other grassy areas) you may have these unwanted visitors tag along.

2. Groom and bathe your pets regularly.

3. Have your dog checked by your veterinarian.

4. Remove or limit the amount of vegetation around your home.

5. The use of flea/ tick dog collars is very effective and will reduce the need for insecticides around or in your home\*.

feeding. An adult brown dog tick can survive for as long as two years without a blood meal. Below, you can find the "Hitchhikers Guide to our Homes and other Pets". Yes, all ticks use this guide!

**PREVENTION TIPS: (HITCHHIKER ALERT!)** 

#### Safety Tips for Tick Removal

If a tick is found on the skin, it should be removed immediately. A tick normally needs to be attached for at least several hours before it will transmit disease to its host; so prompt removal dramatically reduces the likelihood of infection. Removal should be done with fine tweezers. Grasp the tick as close to the skin as possible and gently pull it straight up. Do not twist the tick or the mouthparts may break off and be left in the skin. Also, be careful not to squeeze the tick's body, which can cause it to release fluids into the

tissue. After removal, clean the bite area with soap and water; disinfect the tweezers and wash your hands.

As а proactive, precautionary measure, you may want to preserve any tick taken from a human in a small leak-proof container in rubbing alcohol and label with the date, contact information, and area of origin or traveled, so that if the individual becomes ill, the tick can be tested. REM¬¬EMBER: When using flea/tick repellents or dog collars - Always read and carefully follow all label instructions for safety, use, and disposal given on the container label. Always keep out of reach of children. Sources: CDC "Ticks in Arizona" Bulletin #77 December 10, 2008 http://extension. arizona.edu/yavapai Written by Debbie Allen, Yavapai County Master Gardener



### than 1/16-inch-long and have six legs. Brown dog ticks start as a tinv dark, reddish brown colored 6-legged insect the size of a pin head and grow and change to a grey- blue giant (1/8th to 1/4th inch). At this later stage, they are easily spotted and have 8 legs. By this stage, they may have already bitten their host and spread the viruses that cause Lyme's' Disease and **Rocky Mountain Spotted** Fever. Look for ticks in your dog's ears and

between their toes.



let the Runner Staff know that too.

All submitted letters MUST be signed by the author and are limited to 200 words. Authors must also include their name, address, and phone number. Names can be omitted by request. Anonymous submissions will not be accepted.

We reserve the right to edit all submitted material for clarity, grammar and good taste. All submissions should be received as typed or non-cursive writing. Please do not submit UPPERCASE or formatted paragraphs.

Submitted pictures need a return address and brief description. Pictures with no address will remain on file. Allow 2 weeks for return.

#### **SUBSCRIPTION RATE**

2021 Subscription rate is \$33.75. If you would like to receive the "Runner" by mail, please send a \$33.75 check/money order to:

Ak-Chin O'odham Runner 16600 N. Maricopa Hwy Maricopa, Arizona 85139

Make check/money order payable to: Ak-Chin Indian Community

#### DEADLINE

Don't forget the DEADLINE for the November 5 - 18, 2021 issue is due by

#### FRIDAY, OCTOBER 29TH

Please submit all announcements, wishes, etc. no later than FRIDAY, OCTOBER 29TH

#### Material submitted after the **OCTOBER 29TH DEADLINE**

cannot be guaranteed placement. If appropriate and relevant, it will be included in the next issue.

\*Watch for future announcements from Ak-Chin's Environmental Programs to receive flea/ tick dog collars (provided by the CDC).

Ticks at any stage of development can live many months without

Life cycle of Rhipicephalus sanguineus and the transmission of Rickettsia rickettsii (the causative agent of Rocky Mountain Spotted Fever)



## **Halloween Home Decorating Contest Open to all Ak-Chin Community Homes**

Judging will take place October 29th - 30th. Winners will be announced November 5th.

If you would like to enter in for your chance to win a prize please submit your name and home address to: runnernews@ak-chin.nsn.us t 🖉 😂 Thank you

The Owner reserves the right to reject, any and all bids. However, the Ak-Chin Indian Community at its discretion may postpone said action for such time as the Tribal Council may designate, as the interest of the Community may require.

No bid shall be withdrawn for a period of sixty (60) days subsequent to the opening of Bids without consent of the Owner.

COMMUNITY MEETING

October 25th, 2021 6 pm (virtual meeting)



For questions or to sign up/view meeting, please email: events@ak-chin.nsn.us or call 520-568-1000.



Luncheon for Veterans, their families and First Responders 1130am at Leading Edge Academy

# This year's addition of the Him-Dak Fall Art Program commences

With school on break and not much to do, Ak-Chin's Art Building housed the yearly Him-Dak Fall Art Program to help curve the down time blues during the academic break. 2 weeks set aside for children to create and play while spending time with friends and family. Photos by J. Peters

Art classes began on September 27th, starting at 8 am to noon. The program set aside for children ages K-12, split into serval different age groups. The children explored through different crafts and art forms each day being taught by Art Program Him-Dak and staff members.



During Fall Art Program children crafted many spooky works of art.



incil pre



## PUMPKIN CARVING CONTEST

The Ak-Chin Youth Council will be having a pumpkin carving contest for the first 20 families to sign up. The Youth Council would like to continue to help families celebrate the holidays while continuing to keep safe by social distancing. So, we encourage families to have fun with this contest, dress

up your pumpkin, decorate, and show us your best carvings! Deadline to sign up is October 15, 2021.

- Must be Community Member or Resident
- All Ages
- One pumpkin per household
- 3 Categories: Funniest/Scariest/Sport Themed

For Sign-ups please call (520) 568-1038/1044 or e-mail

mlantone@ak-chin.nsn.us or jdavis2@ak-chin.nsn.us

Participants will be contacted for further instructions. Winners will be announced live on the Ak-Chin Youth Council Facebook page October 29, 2021





## Ak-Chin Child Development

Fall 2021 Newsletter

Hearing and Vision Screenings

Open to all Community Members:

Hearing and vision screening will be held at the Ak-Chin Preschool for any child 1-5 years old.

If you would like to have your child screened please contact us at (520)568-1700 and we will see you Friday Oct. 22nd at 9 am

Services provided by U of A cooperative Extension program. Family Resources

http://www. raisingarizonakids.com/ calendar/

http://www.firstthingsfirst. org/regions/pinal/

https://www.pbs.org/ parents/learn-grow/all-ages/ literacy

https://www.naeyc.org/ resources/blog/few-thoughtsseparation-anxiety

http://www.firstthingsfirst. org/resources/birth-fivehelpline/

https://www.healthline. com/health/lice-homeremedies#what-to-avoid

### **Early Intervention**

If you or someone you know has a concern with a young child's development, there is help. Addressing concerns early is the best way to help children succeed. Ak-Chin Child Development will be happy to assist you in the process. You can find developmental milestones in the resource links above.

**Arizona Early Intervention Program** 

Children Birth to age 3 Ph. 800-237-3007 or online @ https://azeip.azdes.gov/AzEIP/AzeipRef/ Forms/Categories.aspx

Child Find Children age 3 to before Kindergarten Ph. 520-568-5100 Ext. 5140

48251 W. Farrell Rd. Maricopa, AZ 85138 Phone: 520-568-1700 Fax: 520-568-1701 Don't wait until it's too late! Get your flu shot now to help protect yourself and your community.

Contact your local Indian health care provider for more information, visit Healthcare.gov, or call 1-800-318-2596.



- Fall Sports continued from Front



Ariel Lopez plays for team Phoenix on the Co-Ed 5-6 year

Noah Brown plays for team Pitbulls on the 7-8 year old division.







Above: Benjamin King play with team Red Wings on the Co-Ed 5-6 year old division.

Below: Antonio Rodriguez plays with team Crystal Palace on the 11-13 year old division.



**Ak-Chin Southern Dunes hosts** 



Pinal 40 2021 Charity





"Pinal 40 had another successful and fun event at our 2021 Charity Golf Classic" as shared on Pinal 40's website and Facebook.

On top of the tremendous weather for the event, held

Friday, October 8, the turn out for players was "the most players ever... We are so thankful for all our sponsors this year, our 7th Annual tournament, and our wish is to keep growing this event bigger and better each year."

## Golf Classic

Golfers socialize and take a look around the silent auction tables.

Pinal 40 2021 Charity Golf Classic is just one of the many ways Pinal 40 continues its goal of raising money to benefit the youth of Pinal County, through agribusiness related scholarships and local charities.

# **REMINDER**

## The next Runner submission deadline will be

FRIDAY, OCTOBER 29TH

# New spooky book available at park Story Stroll



Ak-Chin Library rolls out a new Story for the family strolls, this month's feature is "Halloween Haunt & Find" on the Story Stroll trails! Families and friends make sure to take a walk and checkout this month's book at Hohokam Park and for the previous story Chicka Chicka Boom Boom please visit Milton "Paul" Antone Memorial Park.

"The goal of the Story Stroll is to promote physical activity and find creative methods for enriching literacy enjoyment for all ages. The intent of Story Stroll in the parks is to create Library and non-Library related programs: Preschool Storytime and evening Family Storytime." Ak-Chin Library



#### Join us for a new type of challenge... Let's play WELLNESS BINGO!

Complete 5 different wellness activities of your choice to create a BINGO.

Receive a new BINGO card each week! Wellness BINGO will run for 4 weeks. Submit card to Health Education at the end of each week.

Earn a \$10 gift card for a BINGO per week. Collect at the end of the challenge.

Registration available using GOOGLE forms.

\*\*Screenshots or photos maybe required as proof of activities to submit with bingo cards at the end of the week

\*\*Open only to Ak-Chin Community Members, Residents, and Employees. Open to all ages.

QUESTIONS? CONTACT HEALTH EDUCATION AT (520)568-1085 OR MGUY@AK-CHIN.NSN.US

AZ Dems continued from Front

seeking."

Clara Pratte, Indigenous Peoples Initiative Board Member was one of two guest speakers for the event.

"Today celebrate we Indigenous Peoples Day," began Clara, "I think as all of you leaders here today have worked so hard to ensuring and elevating the issues of native people, my hope is that our children and their children never remember a time when there was not an Indigenous Peoples Day."

Clara talked about not just the resiliency but the tenacity of Indigenous peoples, "it is the tenacity and the drive to survive and to pass that on to the next generation... we have to fight and we have to scrap for it and we do... but we're here and we have a seat at the table and we have a voice... it's about that seat at the table to create policy and it's about the resources behind those voices to make long lasting change."

Dylan Baca, President of the Indigenous Peoples Initiative was up next. Zooming in, Dylan shared how his greatgreat grandmother "was born at a time when Native Americans were considered unequal, but during her lifetime she was able to gain American citizenship, gained the right to vote, and gained the ability to make decisions in the corridors of power and the halls of congress."

Dylan also talked about how Indigenous families must continue to stay vigilant and guard against the "darker currents of our nation's history; the violence, hatred and despair that can unfortunately rise again."

"It is the hope of my tribal community and indigenous people across this nation that this day will help alleviate the next oppression and work to create future generations who understand the importance of our shared experiences in hopes of creating a stronger people still carrying the "great and more unified nation... Native American cultures are traumatic past becomes more not dead; our civilizations have not been destroyed and our present tense is evolving

rapidly and as creatively as everyone else's."

Arizona Congressman Tom O'Halleran, followed Mr. Baca. Congressman O'Halleran is the district representative for the largest population of tribal members in United States, 12 tribes all together, stating he is honored to represent Indian Country.

Congressman O'Halleran shared growing up in Westside Chicago he had seen poverty opportunity unequal and but seeing Indian Country, the disparities are larger than most in the country. In spite of treaties and trust agreements by the United States government, it amazes him that it is so hard for "our country to keep its word, its contractual obligations to the people of Indian Country."

closing, Congressman In O'Halleran shared his gratitude and happiness on the celebration of first Indigenous Peoples Day, and reminded the need to defend voting rights and locations. As a result of the last presidential election and the massive voting outcome from tribal members, Native communities have been targeted to make sure our votes don't count. "I know your message was heard in this White House, in this congress."

State Senator Victoria Steele shared, that for the first time in U.S. history, the President of the United States signified that the second Monday in October is now the national holiday known as Indigenous Peoples Day. This special announcement did not come without a sense of backhandedness, as the president also proclaimed that the day was to be shared along with Columbus Day, "a day which honors the unspeakable atrocities."

She goes on to speak about the century's long invasions, racism, genocide, trauma, oppression and forced assimilation with many Native Representative soul wound". Noting that the and more understandable in light of continuous racism and oppression are being

October 15 - November 4, 2021



Ak-Chin Vice-Chairman Lemuel Vincent

#### acknowledge.

Indigenous history has a strong hold on a continuing line of resiliency, "We did not just survive, we are here, we are not defeated, we are not invisible. The land we are on today, that we walk on wherever we are is Indigenous land. It holds the bones, blood, the DNA and the very spirits of our ancestors."

Minority Leader Reginald Bolding, recognized the many people in state legislature and those who continue to fight "to ensure that as a nation we celebrate each and every one of our tribal nations."

He pointed out the recent restored protection for Bears Ears and Escalante Grand Staircase, by President Biden and Secretary of the Interior Deb Haaland. "Restoring protections for these unique and sacred sites and their antiquities, provided а profoundly meaningful start to this holiday."

Bolding also acknowledged Representative Jennifer Jermaine for her tireless efforts on the Missing and Murdered Indigenous Peoples committee, and passage of Bill 2705 which allows students that are tribal enrolled members to wear traditional tribal regalia or objects of cultural significance at graduation.

Jennifer



**Representative Jennifer Jermaine** 

introduced herself speaking in her ancestral language Anishinaabemowin, а of language that had been beaten out of her grandfather while attending an Indian school in Minnesota.

Although, her grandfather's past isn't the only instance of racial motivated violence towards her lineage, her greatgrandfather was a survivor of the residential boarding school system in Canada during the early 1900s.

Later in his life, Jermaine greatexplained, her grandfather enlisted in the Army, fought in World War I and struggled for employment. Sometime after his children were born he joined a civilian conservation corps and soon began work building part amenities. He ended up going missing then later he was found deceased.

A moment of silence was held for the children who had never returned from the boarding school systems in the U.S. and Canada. Afterwards, Rep. Jermaine shared how these occurrences happen more than not and the avenues

being reached to fix these problems in Indian Country. She is driven by her family's past to make changes for the future. She said with help from state, local, tribal and federal partners changes are being made.

"Our peoples, our cultures, traditions, languages and lands are sacred. We have endured generations of trauma and genocide and we are still here! We are still here! We are still here! Today and every day I honor you and celebrate each of you as Indigenous People and work to ensure that the next 7 generations are still here and able to thrive"

Jermaine Representative serves as the Chair of the investigative committee for Missing and Murdered Indigenous Women and Girls.

April Ignacio, Native American Caucus Chairwoman led the attendees in a blessing before the event ended to enjoy the luncheon, provided by the Arizona Democratic Party. Gift bags, courtesy of Ak-Chin Tribal Council were also handed out to all attendees.



Jermaine was last to speak, "We all know that everyday should be Indigenous Peoples day."

Representative Jermaine



## Ak-Chin Indian Community **Wireless Internet Service** Questionnaire

Community Council has approved Wireless Internet Service to be provided in the Community for all residents who choose to participate. The service is free to all Community households and its purpose is to provide Internet access in Community homes for student/elder and resident during this COVID-19 crisis. If you would like to participate in this program please fill out the form below and drop the form off at the IS Department.

| ne #:     |                                                                             |                                     |                                 |             |               |                |
|-----------|-----------------------------------------------------------------------------|-------------------------------------|---------------------------------|-------------|---------------|----------------|
| 1) Would  | d vou like                                                                  | to participate i                    | n the Program?                  |             |               |                |
| 1) Would  | Yes                                                                         |                                     | No 🗆                            |             |               |                |
| 2) What   | is the tota                                                                 | al number of ho                     | ousehold member                 | s:          |               |                |
|           | 2                                                                           | 3 🗆                                 | 4□                              | 5+□         |               |                |
| 3) Age ra | anges in th                                                                 | ne household: (                     | Check all that app              | oly)        |               |                |
| -5□       | )                                                                           | 6-17□                               | 18-30 🗆                         |             | 31-50 🗔       | 51+□           |
|           | 100 C 40 C                                    | l devices (cellpl<br>require wirele | hones, TVs, comp<br>ss service: | uters, tabl | ets & laptops | s) are used in |
|           | 2□                                                                          | 3□                                  | 4□                              | 5+□         |               |                |
| 5) What   | What is the primary use for needing wireless access? (check all that apply) |                                     |                                 |             |               |                |
| Schoo     |                                                                             |                                     | Work                            |             |               |                |

Please submit completed surveys to IS Department, located at 45710 W. Farrell Rd. (520-568-1120), or e-mail hmavis@ak-chin.nsn.us.

The 2021 session will continue as a home based project, for the safety of our Community.

Participants can make flower wreaths from the comfort of their home. A bag of supplies will be provided to each participant, the bag will contain enough supplies to complete 5 or 10 wreaths.

Bags can be dropped off at your home, or can be picked up at the Art Building. Finished wreaths can also be picked up from your home or dropped off at the Art Building. If you are interested in participating, please call the Him-Dak Museum @ 520-568-1350. Bag distribution is from August 3rd through October 15th.





The Community sends out important info via the Community Member Email Listserv.

If you are not on the Community Member Email Listserv; please send an email to events@ak-chin.nsn.us or call (520) 568-1045.

Live events are coming back and the Community will have limited tickets to some live shows for the 2nd half of 2021.

When contacting, please provide the following information:

- Name/Best Contact
- Email/Best Contact Number.

\*Please remember to receive Community Info, you must be a Community Member over the age of 18.

### October 15 - November 4, 2021



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Happy Birthday to my grandsons James, Isaiah, Noah and Adrian, and granddaughters Emily and Ariel Love, Grandma

Happy Birthday Jenika and Mousey Love, your family

Happy Birthday Steve and Johnny Have a great day and celebrate big!! From the Comps

Happy Birthday Armonda!! Thanks for all the help you continue to do for us 😁 From your pals at the Runner



AK-CHIN HEALTH EDUCATION PRESENTS ..



VIRTUAL YOGA SESSIONS

JOIN IN FROM HOME WITH ZOOM TUESDAY EVENINGS 6:00 PM - 7:00 PM

CLASSES OPEN TO AK-CHIN MEMBERS, RESIDENTS, AND EMPLOYEES AND THEIR FAMILIES. IF INTERESTED, PLEASE CONTACT HEALTH EDUCATION, WE WILL PROVIDE ZOOM INFO.

OCTOBER DATES 5TH, 12TH, 19TH, 26TH

QUESTIONS? CALL HEALTH EDUCATION AT (520) 568-1080





AK-CHIN HEALTH EDUCATION PRESENTS.

WEDNESDAY EVENINGS 6 PM TO 6:30 PM OCT - 6th, 13th, 20th, 27th SATURDAY MORNINGS

9 AM TO 9:45 AM OCT - 2nd, 9th, 16th, 23rd, 30th

All classes taught on ZOOM. Email Health Ed for ZOOM access. Exercises for all levels. **Classes are open to Ak-Chin Indian Community** Members, Residents, & Employees.

Questions? Please contact Health Ed at (520) 568-1085, mguy@ak-chin.nsn.us or Cecily Peters at az.ha.san.fitness@gmail.com

Job Openings

Accountant

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- Communications Officer (911 Dispatcher)
- Deli Clerk
- **Detention Officer**
- Economic **Development Analyst**
- Maintenance Technician (4)
- Police Officer (noncertified)
- **Police Officer** (certified)

Please visit our website at www.ak-chin.nsn.us. for Job Openings, to review the job posting and apply.

If you need assistance, please call Human Resources at 520-568-1050.

# **JOB OPENINGS**

- Farm Laborers
  - tractor driver
  - irriaator
  - service shop
  - spray tech sprinkler tech
  - water truck driver

\*Applicant must have a valid driver license and must meet the insurance eligibility guidelines with **Ak-Chin Vehicle Policy.** 

To apply, please visit the **Ak-Chin Farms at** 42507 W. Peters and Nall Rd Maricopa, AZ 85138 520-568-1165



**Florentina Ruelas** Farms Safety Coordinator Farms

## ATTENTION Ak-Chin PARENTS and GUARDIANS

If you have a student-athlete from Ak-Chin participating in an upcoming event and would like them to be featured in future editions of the Runner, Please let us know!

Email: runnernews@ak-chin.nsn.us Phone: (520)-568-1375

**OCTOBER EMPLOYEE BIRTHDAYS** 10/110/8 10/15 Susan Peters, Library James Boehm, Fire & Safety Jon Spezzacatena, Ame Stephens, Steven Ruelas, Maintenance Social & Health Services

10/2 Delores Hernandez, Maintenance

Fire & Safety Rusia Diana Carlyle, Runner Angel Antone,

10/16 Angelina Soliz, Parks & Recreation Xavier Rojas, Courts Nikkol Martinez, TGA **Environmental Protection** 10/9 10/28 Bianca Chavez-Schrader, Early Childhood 10/3 Ann Marie Antone, Nicole Allison, Law & Order Diana Perez, Law & Order Parks & Recreation Victoria Smith, 10/17 10/29 Alvin Antone, TGA Courtney Bagsby, **Council Executive Secretary** 10/10 Adam Finken, TGA Fire & Safety Justine Lopez, Maintenance John Orozco, Law & Order 10/4 10/12 10/19 10/30 Amy Rodriguez, Kathy Shoemaker, Finance Ninfa Wells, Elderly David Garcia, Fire & Safety William Winfield, Housing Department Adam Abel, Law & Order Birthdan Loc Nguyen, Law & Order 10/21 Fire & Safety David Villescaz, 10/13 Brittany Justin, Courts 10/5 Clifford Fullam-Kenealy, Law & Order Corinna Velasco, Retail TGA 10/22Eduardo Martinez, TGA 10/31 Lisa Vasquez, Maintenance Gabriel Facio Rodriguez, 10/6 10/14 Olesya Nelson, Finance Erika Garcia, Julius Jones, IS Law & Order Ambria Valles, Social & Health Parks & Recreation

10/25

Birtha ep

October 1 -Damien Smith Maynard Pablo, Jr. William Martinez **Joseph Antone Eugene Peters, Sr.** 

• October 2 -Noemi Hernandez **Martin Castro Alison Miguel Elizabeth Valles** Tanya Lewis Nikkol Martinez Jeaney Narcia

October 3 -Earl Justin, Jr. **Justine Lopez Elva** Alarcon Victoria Smith

October 4 -**Amy Rodriguez Gabriel Manuel** Neveah Antone

October 5 -Celia Medina **Douglas Pablo Dyon Aguilla** 

October 6 -Ariana Bandin

October 7 -Matthew Villarreal Francisco Mattia Fernando Arellanes-Burgos Alyssa Pablo

> October 8 -**Evelyn Garcia** Lee Smith, Jr. Maria Maldonado **Brittany Paddock Angel M. Antone**

> > October 9 -**Jacob Trenado** Ann Marie Antone

October 10 -**Berdina Arellanes-Burgos** 

> October 11 -Marco Jensen Andrea Peters

October 12 -Shanna Narcia **Delayna Antone Zachary Valles Xzalius Homer** 

October 13 -**Blessing Antone** 

October 14 -Joe Jerry Erin Martinez-Yarberry Ambria Valles **Rosa Lewis** Sharon Carly🏠 Eliza Santiago

> October 15 -Jose Miguel, Jr. **Steven Ruelas** James Boehm **Holly Bowman**

October 16 -Jalia Carra **Michaellatino Santiago** 🦊 🛛 Angelina Soliz **Charity Lewis Emily Peters** 

> October 17 -Jesus Corella, Jr. **Isaiah Peters** Noah Brown Francisco Miguel Armonda Santiago

October 18 -**Carrieanna Villarreal Feather Jim** 

October 20 -Sarah Delma Koda Osborne **Julian Lewis** Joseph Vallejos, Jr.

October 21 -**Dennis Antone Ethan Manuel Crystal Tow Della White** Aubree Perez **A'Miyah Deloney** 

October 22 -Maynard Pablo, Sr. **Carol Anne Enos Claudia** Antone Janet Narcia

> October 23 -Ame Stephens Adaisha Pablo

October 24 -Amerrah Mike Yolanda Narcia Miranda

October 25 -**Madalina Delores Hunter Louis** Adrian Garcia

October 27 - Harlee Jose **Hope Vallejos Orenda Ortiz** 

October 28 -**Jarred Antone** Jeremiah Talkalai Ramiero Andaverde Jenika Justin Sophia Matuz Nicole Allison Ariel Lopez

> October 29 -Willow Nosie **Alvin Antone Kylee Machado** Zataray Ulloa

October 30 -Kaelyn Miller **Patricia Medina** 

October 31 -Jonella Lopez Liliana Rascon

#### October 15 - November 4, 2021

# Life-saving screenings offered to employees and spouses



Staff at the MOM (Mobile On-site Mammography) vehicle parked at Harrah's ready to screen employees and spouses.

On Monday, October 11, 2021, SimonMed Imaging in partnership with Harrah's Ak-Chin Casino offered employees and their spouses a chance to schedule a mammography screening in the MOM (Mobile Onsite Mammography) vehicle.

After scheduling an appointment, patients could visit the mobile

medical unit and receive a mammography which included 3D imagery as well as CAD computerized readings. Pre-exam paperwork included questions to determine risk factors such as family history, past and current concerns. After the exam, patients were given a "Do It Yourself" monthly self-exam reminder to hang on their shower head.

The recommended baseline age for mammographies, according to MOM, is between 35 and 40 years of age. Annual exams are encouraged after the age of 40 if you are at average risk.

Right: Selenia® Dimensions® Mammography System Hologic machine.





Must be 21 or older to gamble and take advantage of these offers. Know When To Stop Before You Start.<sup>®</sup> Gambling Problem? Call 1-800-522-4700 or 1-800-MEXT STEP. @2021 Caesars License Company, LLC. See official rules at the Caesars Rewards<sup>®</sup> Center for complete details